

OMEGA U

Youth Mentorship Program Yearbook for Academic Year 2018-2019



Manhood, Scholarship, Perseverance & Uplift

OMEGA PSI PHI FRATERNITY, INC
PI LAMBDA LAMBDA CHAPTER
PRINCE WILLIAM COUNTY, VA



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*"Success at anything will always come down to FOCUS and EFFORT, you control both"
~ Dwayne "The Rock" Johnson*

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*Young people must take it upon themselves to ensure that they receive the highest education possible so that they can represent us well in the future as future leaders'
~Nelson Mandela*

PI LAMBDA LAMDA YOUTH ACADEMY PROGRAM OVERVIEW AND HISTORY

Omega **U** is the mentoring program executed by Pi Lambda Lambda of the 3rd District Omega Psi Phi Inc. fraternity serving the greater Prince William County and surrounding communities. The mentoring program focuses on character, leadership, scholarship, and community service through mentoring, teaching, and exposing students to various careers, college lectures, STEM labs, and educational workshops utilizing four Cardinal Principles of Manhood, Scholarship, Perseverance, and Uplift.

Omega U was founded at Potomac Middle School of Dumfries Virginia in 2011. The program expanded to Potomac High, Freedom High, and George Hampton Middle schools in 2016; Henderson Elementary, Osbourne Park, Colgan High school in 2017; Dumfries Elementary and Fred Lynn Middle schools in 2018. Omega U proudly serves students from 3rd grade to graduating high school seniors in and around the greater Prince William County community.

Omega U mission is to partner with Prince William County Schools in mentoring, exposing, and enabling students with confidence and development of personal skills through pre-collegiate initiatives, career readiness, and community service projects. The Omega U program executes over 25 annual weekend events for students from participating PWC and surrounding area Omega U campuses that includes over 40 hours of community service within each school calendar year. The program is open to all students within PWC and surrounding communities to participate in weekend activities that include community service projects, college campus tours, STEM labs and lectures.



Omega U | Delta Sigma Theta MLK Oratorical 2018 Contest | Woodbridge VA

OMEGA U provides tutoring, character development, STEM projects, tutoring, reading, SOL preparation, memorization, speaking, writing, career awareness and readiness for 150+ students in grades 3rd to graduating seniors for after school and in-school weekly sessions. Omega U executes on 6 after school programs that take place every Tuesday through Thursday. Omega U offers in-school mentoring at Potomac Senior and Freedom High schools bi-monthly. **In August of 2018, Omega U was credited in providing a donation to the Prince William County School System of a \$121,710.00 for value of mentoring hours and execution of the program.**

Omega U is funded through Pi Lambda Lambda with the support of the George M. Hampton non-profit Foundation and donations from the community and private donors.



Bro. Al Woods, PLL Chaplain/Omega U Co-Chair, Na'im Spencer, Nehemiah Hill, Chase Burke | PLL 2018 Talent Hunt Program | Colgan HS

Men of SCHOLARSHIP and prophetic insight, must show us the right way and lead us into the light which is shining brighter and brighter



~ Honorable Bro. Carter G. Woodson

Omega U Organizational Leadership & Mentors

Bro. Eddie Stephens
 Bro. Jeffrey Allen
 Bro. Ahmad Andrews
 Bro. Charles Hunter
 Bro. Corey Davis
 Bro. Charles Mitchell
 Bro. Michael Frazier
 Bro. Al Woods
 Bro. Adrian Gore
 Bro. Thad Coleman
 Bro. Aaron Works
 Bro. Terry Collins
 Bro. Charlton Oliver
 Bro. Johnny Ledbetter
 Bro. Willie Frazier
 Bro. Jeffrey Allen
 Bro. Trevor Hamilton
 Bro. Tony Fields
 Bro. Carl Ross
 Bro. Mike Parker
 Bro. Stephen Blakely
 Bro. William Nelson
 Bro. Wilton Anderson
 Bro. Mike Crawford
 Bro. Louis Hyman
 Bro. Victor Herbin III
 Bro. Michael Frazier
 Bro. Conrad Morgan
 Bro. Cemal Jackson
 Bro. Dr. Simon King
 Bro. William Frazier
 Bro. Raymond Bell
 Bro. Jose Gonzalez
 Mr. Donald Jones Jr



“Excellence of performance will transcend artificial barriers created by man.”

~Honorable Bro. Dr. Charles Drew

Basileus
 Vice Basileus
 Keeper of Records & Seals
 Keeper of Finance
 Chapter Editor
 Omega U Editor
 Omega U Chairman
 Omega U Deputy Chair/Dir. Of Dumfries ES
 Omega U Co-Chair
 Omega U PWCCPS Community Relations Director
 Omega U Co-Chair, Youth Activities
 Omega U Co-Chair, Continuity Planning & Execution
 Omega U Co-Chair, Community Events
 Omega U Director, Potomac Middle
 Omega U Co-Director, Potomac Middle
 Omega U Director, Henderson Elementary
 Omega U Mentor, Henderson Elementary
 Omega U Mentor, Henderson Elementary
 Omega U Director, George Hampton Middle
 Omega U Mentor, George Hampton Middle
 Omega U Director, Fred Lynn Middle
 Omega U Co-Director, Fred Lynn Middle
 Omega U Director, Potomac High
 Omega U Mentor, Potomac High
 Omega U Director, Osbourne High
 Omega U Director, Colgan High
 Omega U Director, Freedom High
 Omega U Financial & Grant Director
 Omega U Website Admin/Mentor
 Omega U Mentor
 Omega U Mentor
 Omega U Mentor
 Omega U Mentor
 Omega U Mentor/B&G Liaison



When a man starts out to build the world, he first starts with himself

~Honorable Bro. Langston Hughes

INVICTUS

Out of the night that covers me,
Black as the pit from pole to pole,
I thank whatever gods may be
For my unconquerable soul.

In the fell clutch of circumstance
I have not winced nor cried aloud.
Under the bludgeonings of chance
My head is bloody, but unbowed.

Beyond this place of wrath and tears
Looms but the Horror of the shade,
And yet the menace of the years
Finds and shall find me unafraid.

It matters not how strait the gate,
How charged with punishments the scroll,
I am the master of my fate,
I am the captain of my soul.

~ William Ernest Henley

Omega U Mentees

FIRST NAME	LAST NAME	SCHOOL	GRADE
Richard	Barker	Dumfries Elementary	3
Jordan	Carter	Fannie W. Fitzgerald Elementary	3
Nick	Drummond	Haycock Elementary	3
Nathaniel	Myers	Ashland Elementary	3
Daniel	Ahenkorah	Dumfries Elementary	4
Amare	Long	Henderson Elementary	4
Joel	Ofori-Atta	Henderson Elementary	4
Makhel	Peet	Dumfries Elementary	4
Makhi	Peet	Dumfries Elementary	4
Gabriel	Torres	Henderson Elementary	4
Ashton	Williams-Cheeks	Dumfries Elementary	4
Jayden	Works	Haymarket Elementary	4
Carmelo	Acors	Dumfries Elementary	5
Xavier	Baker	Henderson Elementary	5
Eric	Clayton	Henderson Elementary	5
Bryce	Daniels	Henderson Elementary	5
William "PJ"	Frazier	Kate Waller Barret	5
Daylen	King	Henderson Elementary	5
Michael	Myers	Ashland Elementary	5
Xavier	Payne	Dumfries Elementary	5
Kevin	Paz	Dumfries Elementary	5
Zion	Williams	Fannie Fitzgerald Elementary	5
Tope	Adedeji	George Hampton Middle	6
Kwame	Adusei	Fred Lynn Middle	6

Jeremy	Badu	Potomac Middle	6
Tyler James	Bhai-Kamara	Potomac Middle	6
Brennan	Blowe	Fred Lynn Middle	6
Keitric	Champion	Graham Park Middle	6
Dwight	Clare	Fred Lynn Middle	6
Abu	Cole	Fred Lynn Middle	6
Sean	Davis	Fred Lynn Middle	6
Sean	Dinguall Jr	Potomac Middle	6
Louis	Effa-Mboul	Fred Lynn Middle	6
Shamaal	Ghaffari	George Hampton Middle	6
Demaree	Harris	Fred Lynn Middle	6
Zacari	Hawkins	Potomac Middle	6
Nehemiah	Hill	Saunders middle	6
Cameron	Horne	Potomac Middle	6
Michael	Howard	Graham Park Middle	6
Mackenzie	Mailem	Fred Lynn Middle	6
Isaiah	Martin	Potomac Middle	6
Avery	McCoy	Stafford Middle	6
Mikal	Norfleet	George Hampton Middle	6
Jaden	Ofori-Atta	Potomac Senior High	6
Anthony	Penaloza	Fred Lynn Middle	6
Elias	Poole	Grace Brethren	6
Terrance	Quartey	George Hampton Middle	6
Dereon	Robinson-Wade	Fred Lynn Middle	6
Keyon	Wilkerson	Potomac Middle	6
Jalen	Williams-Austin	Potomac Middle	6
Dominique	Williams-Cheeks	Graham Park Middle	6
Devin	Yates - Tucker	Potomac Middle	6
Herberth	Amaya	Fred Lynn Middle	7
Ezzedin	Baryoh	Fred Lynn Middle	7
Landyn	Burgis	Fred Lynn Middle	7
Andrew	Burgos	Fred Lynn Middle	7
Chase	Burks	Potomac Middle	7
Kameren	Carmichael	Potomac Middle	7
Robert	Collins	Potomac Middle	7
Lanford	Collins	Potomac Middle	7
Joshua	Contee	Woodbridge Middle	7
Cameron	Dillard	Hampton Middle	7
Michael	Etumnu	Potomac Middle	7
Deonta	Fair	Fred Lynn Middle	7
Johnathan	Faison	George Hampton Middle	7
Cesar	Gomez	Fred Lynn Middle	7
Jaylen	Grady	Potomac Middle	7
Delun	Green	Fred Lynn Middle	7
Jelun	Green	Fred Lynn Middle	7
Samuel	Gulley-Walker III	Fred Lynn Middle	7
Matthew	Harewood	Saunders Middle	7
Alexander	Hernandez	Potomac Middle	7
Micah	Holland	Potomac Middle	7
De'Mario	Holloway	Potomac Middle	7
Jayden	Horton	Saunders Middle	7

Kevin	Houser-Jenkins	Fred Lynn Middle	7
Darwin	Joya	Fred Lynn Middle	7
Chris	Leftridge	Beville MS	7
Phoenix	Lewis	Lake Ridge Middle	7
Zaveon	Lipscomb	Fred Lynn Middle	7
Anthony	McDonald	Potomac Middle	7
Tristin	Mills	George Hampton Middle	7
Zion	Morris	Fred Lynn Middle	7
Ivan	Ofosu	Potomac Middle	7
Dennis	Rangolam	Fred Lynn Middle	7
Nelson	Rodriguez	Fred Lynn Middle	7
Kevin	Tamale	Fred Lynn Middle	7
Jalen	Terrell	Rippon Middle	7
Shaun	Williams	Potomac Middle	7
Daryl	Woral	Fred Lynn Middle	7
Cedric	Yuille	George Hampton Middle	7
Montre	Bass	Potomac Middle	8
Darius	Bennett	Fred Lynn Middle	8
Daniel	Bonilla	George Hampton Middle	8
Mekhi	Brown-Jordan	George Hampton Middle	8
Nicholas	Casis	George Hampton Middle	8
Lawrence	Collins	Potomac Middle	8
Tyriq	Cousins	George Hampton Middle	8
Dean	Danso	Fred Lynn Middle	8
Samyr	Davis	Fred Lynn Middle	8
Jamari	Docher	Potomac Middle	8
Kavelle	Fisher	Benton Middle	8
Jaden	Fitzgerald	Potomac Middle	8
Sean	Gentry	Fred Lynn Middle	8
Bryce	Gunnings	Potomac Middle	8
Matthew	Hyman	Potomac Middle	8
Noah	Ihezue	Potomac Middle	8
Jeremiah	Jackson	Fred Lynn Middle	8
Bobby	Jones	Fred Lynn Middle	8
Keaton	Lomax	Potomac Middle	8
Caleb	McIntosh	Potomac Middle	8
Myles	Mensah	Potomac Middle	8
Papa Kofi	Mintah-Adu	Potomac Middle	8
Damarion	Perez	Potomac Middle	8
Na'Shaun	Robinson-Wade	Fred Lynn Middle	8
Marvin	Rubio	Fred Lynn Middle	8
Bryan	Sanchez	Potomac Middle	8
Rummy	Soliman	George Hampton Middle	8
Marcos	Soriano	Fred Lynn Middle	8
Naim	Spencer	Potomac Middle	8
G'ky	Tart	Potomac Middle	8
Isaiah	Venable	Fred Lynn Middle	8
Jahquon	Watts	Potomac Middle	8
Donahvon	Wickware	Benton Middle	8
Zeckariah	Akins	Potomac Senior High	9
James	Bangura	Potomac Senior High	9

Vincent	Bosire	Potomac Senior High	9
Isayah	Bryant	Osbourne Park High	9
Davis	Bryson	Freedom High	9
David	Cardwell	Woodbridge High	9
Caleb	Coleman	West Springfield High	9
Trevon	Collins	Potomac Senior High	9
Miles	Comer	Forest Park High	9
Isaiah	Cuttino	Osbourne Park High	9
Skyler	Jackson	Colgan High	9
Tristian	Jones	Potomac Senior High	9
Rizon	Madison	Potomac Senior High	9
Roderick-RJ	McCree	Potomac Senior High	9
Luke	Muldrow	Oakton High	9
Prentice	Norman Jr.	Potomac Senior High	9
Franklin	Sharp	Keller	9
Dwayne, Jr.	Walton	Freedom High	9
Eddie	Wilkerson	Garfield Senior High	9
Elijah	Williams	Potomac Senior High	9
Jordan	Barnett	Osbourne Park High	10
Cameron	Davis	Stafford High	10
Azir	Davis	Pace East	10
Jordan	Ford-Hendley	Potomac Senior High	10
Elijah	Gartrell	Potomac Senior High	10
C. Victor	Herbin IV	Colgan High	10
Jawuan	Hill	Colgan High	10
Morvin	Minor	Forest park high	10
Anthony	Morehead	Forest Park HS	10
Sanji	Reynolds	Potomac Senior High	10
Tahjir	Taylor	Potomac Senior High	10
Tamya	Venable	Freedom High	10
Jerimi	Womack	Potomac Senior High	10
Josiah	Wyatt	Potomac Senior High	10
Aka	Anjeh	Woodbridge Senior High	11
Amin	Davis Jr	Osbourne Park High	11
Brandon	McCarter	Potomac Senior High	11
Zyon	Ricks	Forest Park High	11
Eric	Baker Jr	Potomac Senior High	12
Joshua	Prince	Potomac Senior High	12
Rayjuon	Pringle	Hayfield Secondary High	12



MANHOOD | SCHOLARSHIP | PERSEVERANCE | UPLIFT

www.omegapwpc.com

Teaching

~Kahlil Gibran

No man can reveal to you aught but that which already lies half asleep in the dawning of your knowledge.

The teacher who walks in the shadow of the temple, among his followers, gives not of his wisdom but rather of his faith and his lovingness.

If he is indeed wise he does not bid you enter the house of his wisdom, but rather leads you to the threshold of your own mind.

The astronomer may speak to you of his understanding of space, but he cannot give you his understanding.



Omega U | Virginia State University | 2017

And he who is versed in the science of numbers can tell of the regions of weight and measure, but he cannot conduct you thither.

For the vision of one man lends not its wings to another man. And even as each one of you stands alone in God's knowledge, so must each one of you be alone in his knowledge of God and in his understanding of the earth

The musician may sing to you of the rhythm which is in all space, but he cannot give you the ear which arrests the rhythm nor the voice that echoes it.

Omega U Activities & After School Mentoring

Event No.	EVENT	DATE	TIME	HRS/LOE	LOCATION
1	USASEF STEM Expo	7-Apr	10AM - Noon	8	PTMS
2	Virginia Tech STEM	14-Apr	4:45AM - 1030PM	13	PTMS/VT/PTMS
3	PWCPS Meeting	18-Apr	7PM - 8PM	3	Kelly Building
4	Special Olympics	28-Apr	9AM - 5PM	10	Alexandria
5	Omega U Close Out	5-May	10AM - 2PM	4	PTMS
6	Colgan Signing Day	9-May	2PM - 3PM	1	Colgan
7	Relay for Life	19-May	10AM - Noon	8	Stonewall HS
8	MSPU Saturday	2-Jun	10AM - 2PM	4	PTMS
9	Juneteenth Cleanup/Kickball	16-Jun	11AM - 4PM	5	Dumfries ES
10	July 4th Parade	4-Jul	815AM - 1PM	8	Hylton Boys & Girls Club
11	1911 Kick Off	29-Sep	10AM - 2PM	5	Hylton Boys & Girls Club
12	MSPU Saturday	6-Oct	10AM - Noon	2	PTMS
13	VSU Digital Animation	13-Oct	7AM - 4PM	8.5	PTMS/VSU/PTMS
14	VT Rise	27-Oct	4:45AM - 10PM	17	FDHS/VT/FDHS
15	Friday Night Lights	2-Nov	5PM - 9PM	5	Freedom
16	MSPU Saturday	3-Nov	10AM - Noon	3	PTMS
17	PWC Youth Summit	17-Nov	8AM - 4PM	8.5	NOVA
18	Thanksgiving Baskets	17-Nov	8AM - 2PM	6	Dumfries ES
19	MSPU Saturday	1-Dec	10AM - Noon	2	PTMS
20	PTMS Multicultural Fair	7-Dec	7PM - 9PM	2	PTMS
21	Wreaths Laying	15-Dec	9AM - 1PM	5	Quantico Cemetery
22	Mentoring Pearls of Wisdom	20 – Dec	9:45AM – 1:15PM	4	PSHS
23	MSPU Saturday	5-Jan	10AM - Noon	2	PTMS
24	Ball Night	25-Jan	6 PM – 10PM	4	PSHS
25	MLK Contest	21-Jan	930AM - 130PM	5	Hylton Memorial Chapel
26	Fighting Trim	2-Feb	10AM – Noon	2	
27	Awards & Black History Program	9-Feb	10AM - Noon	2	PSHS
28	Virginia State Capitol Tour	22-Feb	8AM – 2PM	6	PSHS/Richmond VA
29	PWC Fatherhood Initiative	23-Feb	6PM – 930PM	3.5	Ferlazzo Bldg

School	Period	Time	Hours	Total Sessions (Mar 2018 – Feb 2019)
HES	Weekly	4PM-5PM	56	56 sessions- Afterschool Mentoring (Mar 2018 - Feb 2019)*
DES	Bi-Monthly	4PM-5PM	14	14 sessions- Afterschool Mentoring (Mar 2018 - Feb 2019)*
PTMS	Weekly	3PM-5PM	90	45 sessions-Afterschool Mentoring (Mar 2018 - Feb 2019)*
GHMS	Weekly	3PM-5PM	90	45 sessions-Afterschool Mentoring (Mar 2018 - Feb 2019)*
FLMS	Weekly	3PM-5PM	38	19 sessions- Afterschool Mentoring (Sep 2018 - Feb 2019)
PSHS	Bi-Monthly	930AM - 10AM	14	28 sessions- Afterschool Mentoring (Mar 2018 - Feb 2019)*

Total After/In School Hours	308		Total Sessions of After School	208
Total Weekend Event Hours	151.5		Total Events for Weekends	28
Total	461.5 Hours		Total Events/Sessions	236 Events/Sessions

Total Omega U Hours | 458.5Hr/LOE | Mar 2018 – Feb 2019

Total Omega U Activities | 235 Events | Mar 2018 – Feb 2019

Stop The Violence | The Right Character



Omega U

"Character is doing the right thing when nobody is looking."

~ J.C. Wells

March 13, 2018

Omega U Chairman Michael Frazier, Dumfries ES Omega U Director Al Woods, and Omega U mentor Roland Webb stand beside Officers White and Lloyd with students after an inspiring conversation with Omega U Students of Dumfries ES on March 13, 2018

Omega U students from Dumfries Elementary received a very articulate and moving oration from Officer Lloyd White and Officer Michael Briscoe on March 13th, 2018 at Dumfries ES on issues domestic violence, bullying, cyber bullying, fighting, drugs, staying away from trouble, and knowing how to seek help when needed. The officers gave their personal testimonies of why protecting and serving is their passion and what led them to the service of protecting and serving others. Students were engaged in asking many questions and were able to have a late after school snack with the officers.

Officer White asks the student to make a promise to him and Officer Briscoe that they will work and study hard, stay in school, and accomplish great things in their life. Both Officer and White and Briscoe were passionate about serving their communities and inspiring others to have positive contributions and impact on society. (Right)



Officer Briscoe talks to students about his family lineage of protecting and serving others to the students of Dumfries ES on March 13, 2018.



Officer White talks to Omega U students on the importance of working hard and staying in school to have a positive impact on society at Dumfries Elementary School on March 13, 2018.

Stop the Violence | The Golden Rule



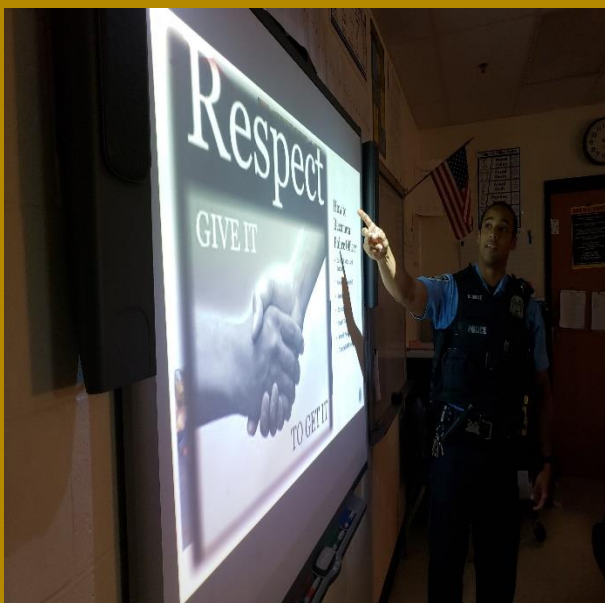
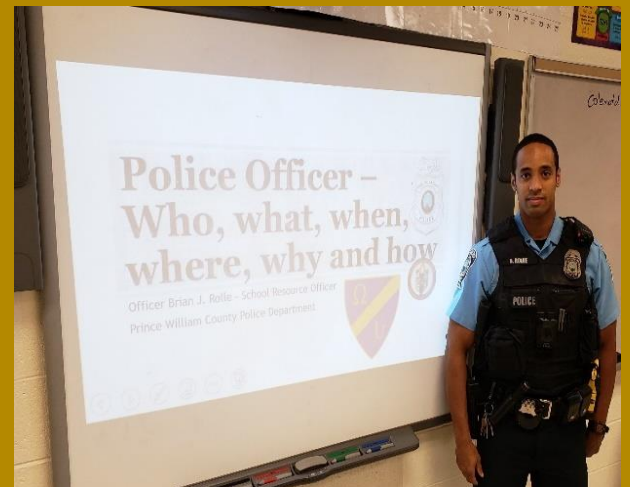
Officer B.J. Rolle of Prince William County Police Department talked to Omega U students of Potomac Middle School in Dumfries Virginia on November 1, 2018 about the "Golden Rule."

Omega U

Treat people the way you want to be treated. Talk to people the way you want to be talked to.

~ H. Nishah

November 1, 2018



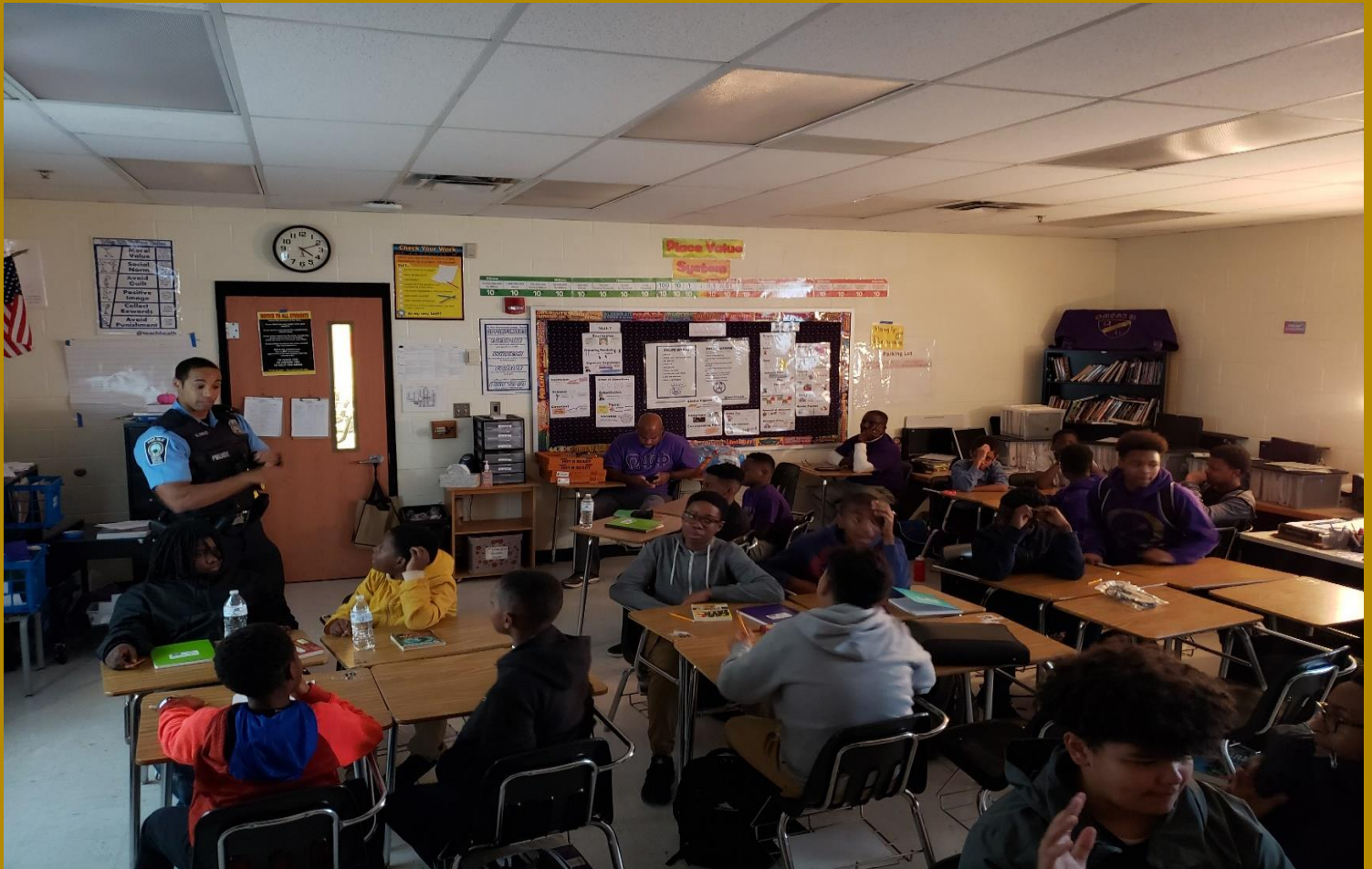
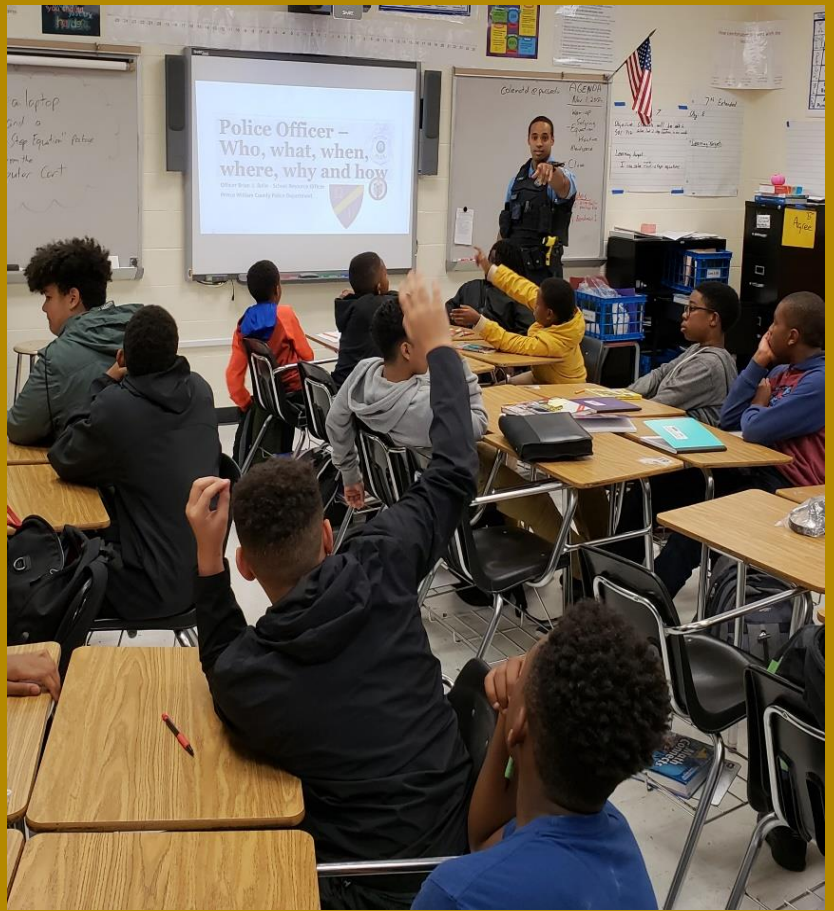
Officer B.J. Rolle gave an engaging and powerful oration to Omega U students on "The Golden Rule" and respecting others at Potomac Middle School (PTMS) of Dumfries Virginia. Officer Rolle stressed the importance of giving and showing respect to receive respect to the 40 students of Omega U attending PTMS. Omega U has over 150 students in after school programs in 9 PWCPS campuses.

Officer Rolle serves as the County School Resource Officer (SRO) for PTMS. He represents the PWC Police Department's commitment to community policing through an innovative partnership with Prince William County Public Schools. Officer Rolle mentors to students of PTMS during the school day and works with various after school student programs in the evening. Officer Rolle is approaching his 8th year with the Prince William County Police Department serving the greater community of PWC as a prior member of the elite PWC S.W.A.T team and now as the valuable mentor and asset to the students of PTMS as their PWC SRO.

Officer Rolle shared his story about his upbringing and values to the students of PTMS, relating to their current station in life and encouraging them making positive decisions that have positive consequences. The 1-hour dynamic presentation focused on a series of topics from the interest of students that included school shootings, bullying, cyber bullying, domestic violence, assault, knowing the law, and how one should interact with police officers if encountered.

Officer Rolle counsels to the PTMS when students are having problems at home, in the community, or in the school building. He provides a reassuring security to students, teachers, and administrative staff by listening to others in providing appropriate counsel and information on accommodating county resources from PWC and the state.

In addition, Officer Rolle provides a fair and impartial advocate for doing the right thing for everyone involved when applicable. He executes and performs daily in his consistent actions and commitment to his community through mentoring, counseling, and exploration to ensure the safest possible environment for everyone in the school building.



Assault on Literacy | The More You Read



**Back Row L-R; Damon Scott, Rodney Downey, Aaron Works, Terry Collins, Mario Anderson, Sean Robinson, David Hardin, Tim Butler
Front Row L-R; Charlton Oliver, Douglas Jones**

Omega U Bridge Builders and community volunteers collected over 200 donated books for the Hylton Boys and Girls Club on November 30, 2018 in Woodbridge Virginia. Omega U Bridge Builders also read to 40+ students at the Hylton B&G club on November 30th. The Hylton B&G club provides 300+ students in the Prince William County community a safe, comfortable, fun, and learning environment for students from single parent households. The books collected will be used for students to read during after school programs conducted at the club throughout the year.



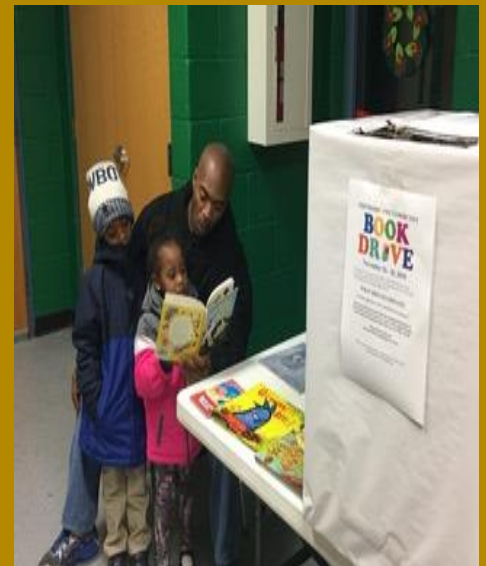
Mr. Mario Anderson reads to students of the B&G Club on November 30th, 2018 for the assault on literacy program for Omega U.

Omega U

“The more you read, the more you know, the more places you will go.”

~ Dr. Seuss

November 30th 2018



Mr. Rodney Downey, Omega U Volunteer, listens to students from the B&G Club read on November 30th, 2018.

Thanksgiving/Christmas Basket | Dumfries ES



L-R; Keisha Henderson, Bro. Al Woods, Xanthe McFadden, Principal Anita Magrath

The Omega U Program of Pi Lambda (PLL) provided, sponsored, and packaged 20 Thanksgiving baskets on November 17th 2018 at Dumfries ES to deserving families and students within the town of Dumfries (right). Dumfries is the oldest town in the state of Virginia and home to DES and is an Omega U Campus. Bro. Al Woods, Omega U Co-Chair, Director, and PLL Chaplain, stands with the staff of DES on Founder's Day for The Omega Psi Phi Inc (top left).



Omega U, Dumfries ES staff, and vounteers making thanksgiving baskets on November 17, 2018 at Dumfries ES in Dumfries VA.

Omega U

“If you must look back, do so forgivingly. If you must look forward, do so prayerfully. However, the wisest thing you can do is be present in the present...Gratefully.”

~Maya Angelou

November 17, 2018



Omega U Chairman, Bro. Mike Frazier stands Brothers of Pi Lambda Lambda and Tristan and Chase Burke of the Omega U Program on December 18, 2018 at Walmart in Dumfries Virginia. L-R (Bro. Michael Frazier, Bro. Damon Scott, Bro Tristan Burke, Bro. Chase Burke, Bro. Aaron Works, Bro. Rico Robinson)

OMEGA U students and Brothers from Pi Lambda Lambda (PLL) proudly support and provide community service supporting the Salvation Army for the Holiday Season on December 18, 2018 at the Wal-Mart in Dumfries Virginia. PLL and the Omega U program provided community service and support to Salvation Army from Dec 17th to Dec 21 in Dumfries Virginia by collecting charitable donations from the community.

The Salvation Army offers a wide variety of services and programs worldwide and is one of the largest social care providers in the world overseeing over 7,546 community centers throughout the United States. Work in these centers includes children's programs, distributing food to the poor, providing disaster relief, rehabilitation and stopping human trafficking. These programs are funded through donations and proceeds from sales at Salvation Army stores. Donations come from corporate and personal contributions, which are tax exempt in the U.S., as well as money received in the Salvation Army's distinct red kettles.

The Salvation Army is an evangelical Christian church and is recognized throughout the world for its humanitarian work, thrift shops and red donation kettles. The Salvation Army provides help and programs to others without discrimination. Salvation workers are often referred to as soldiers because they work on the front lines where people are in the most need.

Omega U

"Educating the mind without educating the heart is no education at all."

~ Aristotle

December 18, 2018

You have been sent here for others. The world is waiting for you.
~ Catherine Booth, Co-founder of The Salvation Army

Feed The Homeless | The Learning Experience



Omega U Students packed over 300 food and care packages for the homeless community of Prince William County on Saturday November 3, 2018. Saturday's event was sponsored by Ms. Della Burke and The Learning Experience of Woodbridge Virginia. This uplifting activity marked 15 hours of community service events for the Omega U Program for the PWC scholastic calendar year.



Omega U

Helping one person might not change the whole world, but it could change the world for one person.

November 3, 2018

Omega U students spent Saturday morning on November 3, 2018 making over 300 food and care packages for the homeless community of Prince William County sponsored by The Learning Experience of Woodbridge Virginia.





Omega U

“PRESSURE IS WHAT YOU
MAKE OF IT, IT MAKES ME
PLAY HARDER”

~Steve McNair

May 9, 2018

Justin Bell, graduating Senior of Colgan HS and Omega U President, stands with his Shark football teammates on signing day at Colgan HS in Prince William County on May 9th, 2018. Justin committed to Marietta College of Marietta, Ohio and will be attending in Summer and Fall of 2018 to play Football and run Track.

Justin Bell committed to Marietta College of Marietta, Ohio on May 9, 2018 at Colgan HS for signing day. Justin is a graduating senior and served as Omega U President at HS campus since 2016. Justin will be attending Marietta in the Summer and Fall of 2018 to play collegiate football and run track and field.

Justin served as Omega U President at Colgan HS for the past 2 years while lettering in Varsity in two sports. Justin honors include 2017 Varsity Team - Most Valuable Player Award, Colgan High School Football Team All-Cardinal District football team: Second Team, Running Back, and was selected for the Capital Bowl H.S. All-Star Football game as running back. He ran for over 1200 yards on 117 attempts and average 10.6yds per carry. While attending Marietta, Justin will be majoring in Petroleum Engineering. Marietta has one of the largest petroleum engineering programs in the nation.



Justin signs his commitment to Marietta College on May 9, 2018 at Colgan HS while sitting next to his parents, Bro. Raymond and Kimberly Bell.



Justin Bell with Omega U Mentors Bro. Michael Frazier, Bro. Raymond Bell, Bro. Eddie Stephens, Bro. Adrian Gore on May 9, 2018 at signing day for Colgan HS.



Justin sits with his parents Bro. Raymond and Kimberly Bell and Colgan HS Principal Dr. Tim Healy.

Justin has been a member of Omega U since its founding in 2009 and is the first Omega U student to graduate and play collegiately while majoring in Engineering. While serving as Omega U President at Colgan HS since 2016, Omega U has executed over 100 Hrs of community service and has visited 6 college and universities while growing to over 125 students.

Prince William County | Father & Daughter Dance



(L-R Bro. Ron Blanch, Bro. Aaron Works, Bro. Emmitt Fletcher, Bro. Ed Hayes, Bro. Al Woods, Bro. Jeff Allen, Bro. David Hardin, Bro. Charlton Oliver, Bro. Sean Robinson)

Brothers of Pi Lambda Lambda participated in the Prince William County Father and Daughter dance at the Ferlazzo Building in Woodbridge on February 23, 2019.

The Brothers of Pi Lambda Lambda (PLL) Chapter, Omega Psi Phi Fraternity, Inc, participated in the Father & Daughter Dance on Saturday, 23 February 2019, as part of the Fatherhood Initiative (FI) and in partnership with the Prince William County (PWC) Social Services Program. Young ladies from five to fourteen dressed in elegant, colorful dresses and were escorted by their handsome fathers and father figures who were equally dressed to impress.

Omega U committee members volunteered their time serving as surrogate fathers for young girls without dads. The Brothers also supported guest registration, the coat check-in desk, and other duties as assigned. Jeffrey Allen, Vice Basileus of PLL, Bro. Ahmad Andrews, PLL KRS, Al Woods, Chaplain of PLL, and other PLL Brothers actively participated in all aspects of the dance. Other Brothers registered and brought their daughters or granddaughters to the event.

Omega U

“What I’ve realized is that life doesn’t count for much unless you’re willing to do your small part to leave our children – all of our children – a better world. Any fool can have a child. That doesn’t make you a father. It’s the courage to raise a child that makes you a father.”

~ Barack Obama

February 23, 2019



Bro. Rodney Downey | Father Daughter Dance | 2019



Black History Program & Awards



Derrick R. Wood, Mayor of Dumfries, was the guest speaker for Omega U 3rd Annual Black History Program at Potomac Senior High School on February 9, 2019 in Woodbridge Virginia.

Omega U hosted their 3rd annual Black History Program at Potomac Senior High School on February 9, 2019. The event guest speaker was the Mayor of Dumfries who interacted and engaged the students with a wonderful conversation. The Mayor inspired the students with words on having a positive attitude, building a positive environment and social circle, and staying committed to success. The event hosted over 80 students in Omega U, family and friends of the students, and brothers of Pi Lambda Lambda. The program featured outstanding performances from the voices of the Blue Madrigals and dance routine from the Blue Diamonds of PSHS. In addition, the student led program recognized essay contest awards, outstanding student awards, father of the year, and citizen outreach award.

Omega U

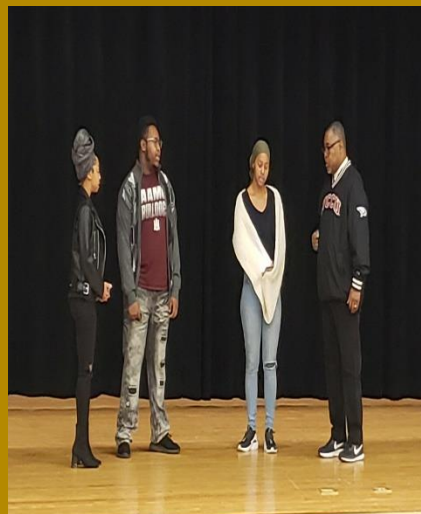
I too, sing America.

I am the darker brother. They
send me to eat in the kitchen
When company comes, But I
laugh, And eat well, And grow
strong.

Tomorrow, I'll be at the table
When company comes.
Nobody'll dare Say to me, "Eat
in the kitchen," Then.

Besides, They'll see how
beautiful I am And be
ashamed— I, too, am America.

~ Bro. Langston Hughes



The Blue Diamonds (left) and Blue Madrigals (right) performed for the Omega U program featuring Lift Every Voice rendition and dance routine to "Change is Going to Come" by Sam Cook.

February 2, 2019

Omega U awarded \$1500 to participants of Essay Contest Award which featured 4 winners from the 180-student base program in Prince William County Virginia. The award winners included Chase Burk, PTMS 7th, Caleb McIntosh 8th, Dwayne Walton Jr. FSHS 9th, Nicholas Casis 8th GHMS.



Derrick Wood, Mayor of Dumfries | Omega U BHP 2019

Outreach & Community Service Award



Bro. Carl Ross, Derrick Wood, Della Burks, Bro. Al Woods, Bro. Johnathan Fisher



Omega U 2019 Essay Contest Winners

Father of the Year | 2019



Bro. Carl Ross, Derrick Wood, Marchello Delano, Bro. Al Woods, Bro. Johnathan Fisher

Outstanding Student Awards



Bro. Carl Ross, Derrick Wood, Xavier Baer, Bro. Al Woods, Bro. Johnathan Fisher



Bro. Carl Ross, Derrick Wood, Sean Davis, Bro. Al Woods, Bro. Johnathan Fisher



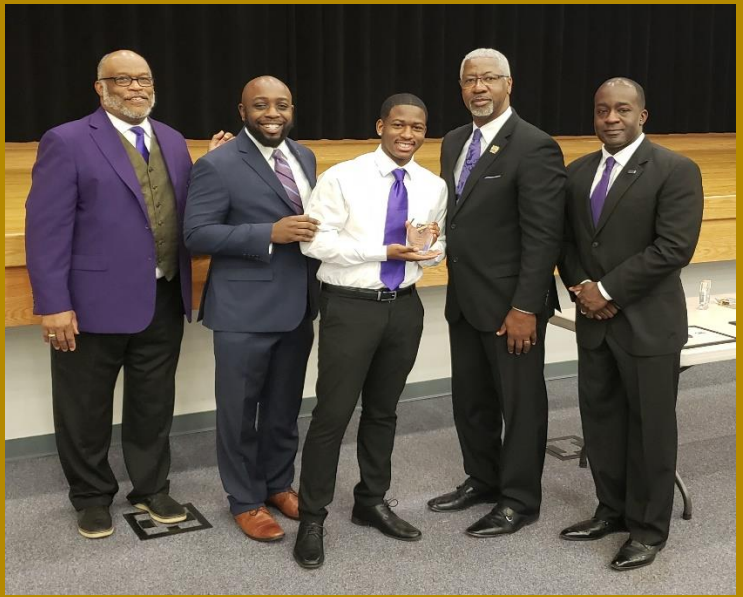
Bro. Carl Ross, Derrick Wood, Nicholas Casis, Bro. Al Woods, Bro. Johnathan Fisher



Bro. Carl Ross, Derrick Wood, Marco Soriano, Bro. Al Woods, Bro. Johnathan Fisher



Bro. Carl Ross, Derrick Wood, Victor Herbin IV, Bro. Al Woods, Bro. Johnathan Fisher



Bro. Carl Ross, Derrick Wood, Ty Hill, Bro. Al Woods, Bro. Johnathan Fisher



Bro. Carl Ross, Derrick Wood, Elijah Gartrell, Bro. Al Woods, Bro. Johnathan Fisher



Bro. Carl Ross, Derrick Wood, Papa Mintah, Bro. Al Woods, Bro. Johnathan Fisher



Bro. Carl Ross, Derrick Wood, Chase Burks, Bro. Al Woods, Bro. Johnathan Fisher



Outstanding Student; Xavier Baker, Nicholas Casis, Sean Davis, Marco Soriano, Chase Burke, Papa Mintah-Adu, Naim Spencer, Elijah Gartrell, Victor Herbin IV, Ty Hill, Isaiah Cuttino. Teacher of the Year; Stephen Blakely. Outreach & Community Service; Della Burke. Father Of Year; Dr. Marchello Delano. Essay Contest Award; Chase Burke, Nicholas Casis, Caleb McIntosh, Dwayne Walton Jr, Michael Etumnu



Bro. Wilton Anderson, Dr. Marchello Delano, Derrick Wood, Bro. Michael Frazier



Bro. Al Woods, Chaplin of PLL | Omega U 3rd Annual Black History Program



Eric Baker | Potomac Senior High



Brandon McCarter | Potomac Senior High

Special Athletes



Omega U

*“Spirit is defined by
PERSERVERANCE
and Special
Olympics is the
embodiment of
that.”*

~ Kevin M. McDermott

April 28, 2018

Omega U students provided outstanding volunteer support at Episcopal High School in Alexandria Virginia on Saturday, April 28th, 2018 for the Special Olympics.

Omega U provided volunteer support at the Special Olympics in Alexandria Virginia at Episcopal High School on Saturday April 28th, 2018. Young student athletes participated in ten stations designed to develop sports skills for young children of all ability levels. Omega U students provided support, encouragement, and played with the young athletes in several sports to provide an awesome experience for all. Omega U students managed game booths in Olympic Village on a beautiful Spring day in April and partook in snow cones to cool down.





The Special Olympics Northern Virginia Track and Field Finals has been hosted for 16 years at Episcopal High School in Alexandria Virginia. for the 16th year. Talented athletes participated in the 100-, 200-, 400- meter races; high jump; long jump; and shot-put. The Special Olympics holds a meaningful place in many people's hearts due to its long history on The Holy Hill. Each year, Episcopal students are paired with a Special Olympic athlete as their "buddy." Buddies are assigned the task of staying with and supporting the athlete throughout the day, whether they are on the track competing in their event or eating lunch together.



Cleveland Elementary Science Fair



Omega U

*“Science of today is
the technology of
tomorrow”*

~ Edward Teller

March 16, 2018

Omega U Chairman Bro. Michael Frazier and Omega U Mentor Bro. Will Nelson of Pi Lambda Lambda of Omega Psi Phi Inc., participated as special selected judges for Cleveland Elementary Science Fair in Washington D.C on March 16, 2018.

Bro. Michael Frazier and Bro. Will Nelson of Pi Lambda Lambda of Omega Psi Phi Inc., of Dumfries Virginia served with a group of selected judges from around the Northern Virginia/DC Metropolitan area to critique and select winners of the elaborate science fair at Cleveland Elementary School of Washington DC on March 16, 2018. The science fair included 85 individual projects and 10 team group projects from grades K thru 5 in the areas of Botany, Physics, Earth Science, Math, Chemistry, Microbiology, and Engineering. Cleveland ES students and teams gave oral presentations and demonstrations of their projects to selected judges and were critiqued on areas of presentation, question, hypothesis, procedures, conclusion, overall knowledge and interaction with the judges while presenting their project.

Cleveland Elementary School is an award-winning school located at 8th and T Streets NW in the District of Columbia. The school has served the Shaw community for 100+ years. Cleveland is one of the several schools in the DCPS system with a dual-language Spanish immersion program. The school has withstood segregation in its long rich history and has done a remarkable job in recognizing the changing demographics of its students—60% African-American, 31% Latino.



Bro. Will Nelson and Bro. Michael Frazier, participates as judges in Cleveland ES 2018 Science Fair in Washington D.C on March 16, 2018.

Relay For Life



Omega U

"Life isn't a race, it's a Relay"

~ Dick Gregory

May 19, 2018

The Omega U program of Pi Lambda Lambda supported with the Brothers of PLL in walking and raising donations for Relay For Life on May 19, 2018 at Stonewall High School in Manassas Virginia.

Omega U Students supported with mentors and Brothers of Pi Lambda Lambda in honoring and raising money to find a cure for Cancer on May 19, 2018 at Stonewall HS. PLL Brothers and Omega U students walked from 10AM to 10PM and raised over \$5K as a Gold Member in support of survivors, Caregivers, and lost loved ones in the annual Relay For Life in Prince William County Virginia.

Students walked laps and helped setup for the event to complete the Omega U Program annual 50 Hours of Community Service serving the PWC community. Relay is a team fundraising event where team members take turns walking around a track. Teams sets up raise funds by collecting donations for food, goods, games, and activities.



Omega U Students help set up the PLL tent on May 19, 2018 at Stonewall HS with food and drinks for participants of Relay For Life.



Bro. Raymond Bell stands with Omega U Students at Stonewall HS on May 19, 2018 in support of Relay for Life. (L-R; Chase Burke, Elias Poole, PJ Frazier)



PLL and the Omega U Program helped raise over \$5K as a Gold Team Member and completed the programs annual 50 Hours of Community Service for the year on May 19, 2018 at Stonewall HS in Prince William County Virginia.

Independence Day Parade



Omega U

“The ties that binds us
are stronger than the
stresses that separate us”

~Colin Powell

July 4th, 2018

The Omega U Program and Students of Prince William County Public Schools supported the 47th annual Dale City Parade on July 4th, 2018 in Woodbridge Virginia by walking and passing out over 500 fruit snacks to patrons and spectators of the parade.

The Omega U students and Brothers of Pi Lambda Lambda of Omega Psi Phi participated in the 47th annual Dale City Independence Parade to celebrate the 4th of July. PLL has been supporting the event over the past several years, and this marked the first year the Omega U program and students participated in the parade. The Independence Day Parade brings together various organizations and people to celebrate Independence Day and learn more about Dale City and surrounding communities. The parade had over thousands of participants and onlookers for the 47th annual Independence Parade and featured Pi Lambda Lambda of Omega Psi Phi Inc., scouting troops, churches, politicians, performing arts groups and other groups from throughout the area.



Students were able to received positive encouragement and knowledge being mentored to by the Brothers of PLL and served the community of Prince William County and surrounding areas. Bro. Ronnie Palmer (Pi Gamma 82) eagerly and passionately engages the students with questions and answers on Independence Day (Bottom Left).

Living Legends



Omega U

“Celebrate What You Have Accomplished, But Raise the Bar A Little Higher Each Time You Succeed”

~ Mia Hamm

June 7th, 2018

Omega U guest panel and recent college graduates spoke to the entire 8th grade class of George M. Hampton Middle School of Prince William County on June 7, 2018 about preparing for next year and what to expect in high school to excel to college and beyond.

The Omega U Program for Pi Lambda Lambda (PLL) of Omega Psi Phi Inc. from Dumfries Virginia hosted an assembly and cookout for the entire 8th grade student body, faculty, and administrators on June 7th, 2018 in honor of Bro. Dr. George M. Hampton 90th birthday at Hampton Middle School of Woodbridge Virginia. The assembly included a talented panel of recent college graduates. Bro. Jose Gonzalez (Virginia State), Taylor Williams (Univ. of Maryland), Donald Jones (Georgetown), and Carmen Suarez (Howard) facilitated an inspiring conversation and dialogue to 380 students of Hampton Middle School with Bro. Dr. Hampton in attendance on students taking accountability for their education, protect what they are earning, and giving back to the community as they progress through life to the future generations. The assembly was engaging and interactive with students asking questions and the panel members going into the crowd to meet and greet students with questions and answers.



Bro. Dr. George M. Hampton (Mu Psi, 1949) stands as students sing happy birthday to him on his 90th birthday on June 7th, 2018 at Hampton Middle School.



Donald Jones Jr, Carmen Suarez, Bro. Dr. George M. Hampton, Taylor Williams, Bro. Jose Gonzalez (L-R)

Students of Hampton Middle were immediately able to interact, listen, and relate to the diverse panel of recent college graduates and young adults about the challenges and fun of high school on what to expect with preparation. Donald Jones Jr. graduated from Hylton HS, JMU (Bachelors), and Georgetown University (Masters); Carmen Suarez graduated from Hylton HS and Howard University while playing on an athletic scholarship; Taylor Williams graduated from Baltimore Polytechnic HS and received her Associates Degree 1 day prior to graduating HS and went on to graduate from University of Maryland; Bro. Jose Gonzalez graduate from Woodbridge HS and went on to graduate from The Virginia State University with his Bachelor's degree in Finance.

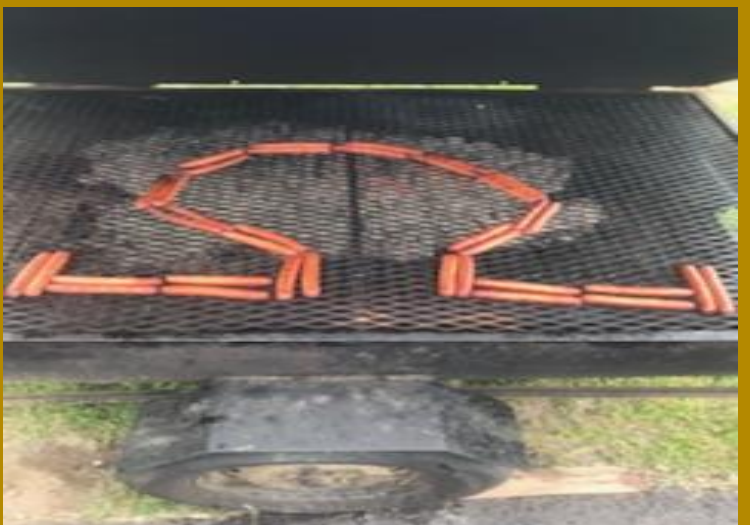
The Omega U program of PLL sponsored and facilitated cooking out for the entire 8th grade class of Hampton Middle School, faculty, administrators, and staff of 450 participants. The cookout was a celebration of Dr. Hampton's 90th birthday and sending the class of 2022 off with an inspirational message and event for their annual field day to complete their latest milestone in achieving greatness of their young lives.

The Omega U committee members set up early on a weather friendly day at 6:45AM grilling and serving hotdogs, hamburgers, chips, and water throughout the school day for the hard-working dedicated teachers and staff in appreciation of their service in providing a world class education to the students of Hampton MS and the community of Woodbridge and Prince William County.



Bro. Michael Frazier, Bro. Dr. George Hampton, Principal Jehovanni Mitchell (Front Row: L-R); Bro. Derwin Babineaux, Bro. Roland Webb, Bro. Al Woods, Bro. Erik Noel, Bro. Vernon Campbell





On Your Way!



Omega U

"Your off to great places. Today is your day! Your mountain is waiting, so get on your way!"

~ Dr. Seuss

August 25, 2018

Pi Lambda Lambda of Omega Psi Phi Inc., of Dumfries Virginia partnered with Omega U, Youth in Action Network, 100 Black Men, and Sun Trust Bank to provide STEM and financial literacy workshops while giving away over 200 backpacks to students in Prince William County at George M. Hampton Middle School on August 25, 2018.

The Brothers of Pi Lambda Lambda (PLL) of Omega Psi Phi Inc., of Dumfries Virginia partnered with Omega U, Youth in Action Network, 100 Black Men, and Sun Trust Bank to provide STEM and financial literacy workshops while giving away over 200 backpacks and school supplies to students in Prince William County at George M. Hampton Middle School on August 25, 2018.

The event was hosted and led by PLL Social Action Chair, Bro. Keith Breland, that provided 200 students STEM training provided by Youth In Action Network and 100 Black Men. The STEM activity had students perform hands-on labs in simulating creations of football helmets and performing detail 3-D data analysis on computers. Sun Trust Bank provided Financial Literacy education materials to parents and students on tips for saving and preparing families for college savings.



Bro. Jeffrey Allen, PLL Vice Basileus (Vice President) gives students from Hampton Middle School a free bookbag and free school supplies.



Bro. Michael Frazier, Omega U Chairman, was able to talk to several students and family about Omega U and sign up over 7 students to participate in this upcoming school year. Omega U program provides over 500 mentoring hours to students of Prince William County schools through a series of STEM activities, team building exercises, college field trips, and executes over 40+ hours of community service that certifies participating students at the end of the year. Omega U is currently the top mentoring program in the 3rd District of Omega Psi Phi Inc., and is the largest male mentoring group in PWC with over 125 students ranging in from 3rd grade to graduating seniors.



Developing Character



Omega U

"Without community service, we would not have a strong quality of life. It's the way in which we ourselves grow and develop!"

~ Dorothy Height

September 29, 2018

Omega U provided community service at the Hylton Boys and Girls Club in Dale City Virginia on September 29th, 2018. The Omega U program kicked off their program with sweat equity in providing 6 hours of community service to the greater Prince William County community.

Pi Lambda Lambda (PLL) and Omega U kicked off their fatherhood and mentoring program in the month of September. Brothers of PLL and the Omega U Mentoring Committee attended several back to school nights and enrolled 145+ students for the current 2018 and 2019 school year. The Omega U program is off to a great start with over 6 hours of community service provided to the greater Prince William County Community (PWC), and will execute on over 40 hours of community service for the current academic school year.

Bro. Eddie Stephens Jr. (PLL Basileus) and Bro. Jeffrey Allen (PLL Vice Basileus) spoke on the PLL activities and their world class fatherhood and mentoring program on Rhythm and Justice for the Fairfax Public Access Television. Bro. Eddie Stephens spoke at length and detail on the history of Omega Psi Phi Inc., PLL, and execution of the mandated programs in the community of PWC and surrounding communities on September 28, 2018.



Omega U sophomore at Colgan High School providing leadership and service at the Hylton Boys & Girls Club of Dale City Virginia on September 29, 2018.



Bro. Eddie Stephens Jr. (PLL Basileus) and Bro. Jeffrey Allen (PLL Vice Basileus) spoke on the PLL activities and their world class fatherhood and mentoring program on Rhythm and Justice for the Fairfax Public Access Television on September 28, 2018



Bro. Al Woods, PLL Chaplain and Omega U Co-Chair, speaks to parents at Dumfries ES on Omega U and the upcoming events for the school year on September 27, 2018.



The Omega U Program provided uplift and service to the Hylton Boys and Girls Club in Dale City by performing vigorous cleaning and organizing of two large community sheds that is used to maintain and provide service to the local club on September 29, 2018. The Boys and Girls Clubs of Greater Washington's (BGC GW) covers 75 miles that stretches from Manassas Virginia to Germantown Maryland that provides a safe, comfortable, and fun alternative to youth who would otherwise be home alone or on the street. Over 1,200 youth attend the Clubs for activities every day, to see their friends, and to spend time with positive and encouraging adults.



Wreath Across America



The Omega U Program participated in Wreaths Across America on December 15, 2018 at Quantico National Cemetery in Triangle Virginia. The Omega U Program help lay 20,000 wreaths with other volunteer organizations on a service filled day to honor our service men and women.



Dec 19, 1875 – Apr 3, 1950

Those who have no record of what their forebears have accomplished lose the inspiration which comes from teaching of biography and history.

~Bro. Carter G. Woodson

Omega U

WREATHS ACROSS AMERICA



Quantico National Cemetery

December 15, 2018

The Omega U Program participated in Wreaths Across America on December 15, 2018 at Quantico National Cemetery in Triangle Virginia. The Omega U Program help lay 20,000 wreaths with other volunteer organizations on a service filled day to honor our service men and women. Wreaths Across America's mission touches the lives of people, students, civic and religious groups across the country through fundraising for wreath sponsorships. Wreaths Across America is a coordinated effort wither volunteers lay wreaths at more than 1,400 locations across the United States, at sea and abroad.

Omega U students were able to pay tribute and honor to veterans, devoted sons and daughters, fathers and mothers, sisters and brothers of the United States Armed Forces and learn about some of their stories.



William PJ Frazier, 5th Grade, laying a wreath on a fallen soldier's tombstone on December 15, 2018.



Bro. Michael Myers stand with Michael and Nathaniel Myers of Omega U at Quantico National Cemetery on December 15, 2018.



PJ Frazier and Elias Poole participated in Wreaths Across America at Quantico National Cemetery on December 15, 2018.



OMEGA U Doing Small Things In A Great Way



Omega U students and Brothers of Pi Lambda Lambda of Omega Psi Phi Inc., of Dumfries Virginia at the Hylton Memorial Chapel in Woodbridge for 29th Annual Delta Sigma Theta Martin Luther King Jr. Oratorical Contest on January 21, 2019.

Omega U students served as Ushers and provided community support and service while attending the annual Martin Luther King Jr. Oratorical Contest sponsored by the Distinguished Women of Delta Sigma Theta of Prince William County Virginia on January 21, 2019. The contest encourages the development of public speaking skills of youth in grades 6 through 12 via a structured competition. The day is dedicated in honoring and celebrating the sustainment of Martin Luther King's spirit of optimism, public service, racial harmony, and human rights through the voices of youth. The Martin Luther King Community Choir was formed in 1991 to provide music for the program. The choir also consists of student in grades K-12 and is reflective of the many cultures in our community. This program was the recipient of the 2001 Human Rights Award.

Omega U

**“If you can't fly, then run,
If you can't run, then walk,
If you can't walk, then crawl,
But whatever you do,
You have to keep moving forward”**

~ Dr. Martin Luther King Jr.

January 21, 2019



Bro. Al Woods, Chaplain & Omega Director of PLL, mentors to Omega U student on January 21, 2019.



Bro. Jeff Allen, Vice Basileus & Omega Director of PLL, mentors to Omega U student on January 21, 2019.



Bro. Douglas Jones (left) and Bro. Sean Robinson (right) assists Omega U students tie their purple ties on Monday January 21, 2019 at the Delta Sigma Theta Oratorical Contest at the Hylton Memorial Chapel in Woodbridge Virginia.

The Omega U Program provides UPLIFT and community service by executing on over 50 annual hours of community service for the 170+ registered students in and around the Prince William County community. Students received certificates of appreciation and community service of 5 hours from Delta Sigma Theta for Omega U support of the MLK Oratorical Contest hosted at Hylton Memorial Chapel in Woodbridge Virginia. Omega U had over 50 students support the contest on Martin Luther King Jr., day observed on January 21, 2019.



USA Science & Engineering Festival Expo!



Omega U

"Before you can make a dream come true, you must first have one"

~ Bro. Dr. Ronald E. McNair

April 7, 2018

Omega U Students attended the 5th USA Science & Engineering Festival Expo on April 7, 2018. Students were able to explore and exposed to 3,000 hands-on exhibits from the world's leading scientific and engineering societies, universities, government agencies, high-tech corporations and STEM organizations.

Omega U Students attended the 5th USA Science & Engineering Festival Expo on April 7, 2018 in Washington D.C. Students were able to explore over 3,000 hands-on exhibits from the world's leading scientific and engineering societies, universities, government agencies, high-tech corporations and STEM organizations.

Students were able to listen to lectures from Danni Washington, the first African-American woman to host her own science television series. Danni has spent the last 10 years finding creative ways to convert her passion for the ocean and science into exciting, high-profile ways. She is a graduate of the University of Miami with a degree in Marine Science & Biology — At age 21, she co-founded the Big Blue & You, which is a 501(c)(3) nonprofit dedicated to inspiring and educating youth about marine conservation through arts and media.



Omega U Students take a picture with Danni Washington at the USEF Expo on April 7th, 2018 in Washington D.C.



Students listen to Major Biles of the United States Air Force speak on the Defense Threat Reduction Agency Mobile Transport Isolation System on April 7, 2018 in the District of Columbia for USEF Expo.





Bro. Michael Frazier, PLL Omega U Chairman, stands with Omega U Students from Potomac HS and Potomac MS and an American Bald Eagle.



Omega U Students were able to watch the human heart in 3D on the 3D AVRover. The AVRover has the largest library of 3D educational content at the USEF Expo.



Omega U Students participated in several hands-on exhibits throughout expo. Omega U Student simulating hands-on techniques on maneuvering robotic movements and placing objects on landing zones (right). Dumfries ES Omega U student uses momentum to understand physics as part of the many STEM exhibits on hand at the DC Convention Center.



The Omega U program joined the 350K registered attendees to celebrate science at the Expo and engage in activities with some of the biggest names in Science, Technology, Engineering, and Mathematics. Students listened to engaging stories of inspiration and courage, participated in mind-boggling experiments, and rock out to science during our incredible stage shows.

The exhibits, shows, and experiments included demonstrations on forensic science, space, energy, neuroscience, art design & tech, coding/programing, animals, artificial intelligence, everyday science with live frogs and salamanders, cocoa beans becoming chocolate bars. students were able to meet ASIMO (Honda's advanced humanoid robot) and watch him run, climb stairs and perform human-like movements.



Project GhostRider



Bro. Eddie Stephens Jr., Basileus of PLL, Bro. Jeff Allen, Vice Basileus of PLL, and Bro. Melvin Stallings stand with students of Omega U Team Captains for the Omega U Annual STEM Project for 2019.

The Omega U Program kicked off their annual Omega U STEM project, Project GhostRider, on December 1, 2018 at Potomac Middle School in Dumfries Virginia. Students put together model cars made of food to race them on a slope incline. The winner was awarded to the team whose car went the furthest.

Project GhostRider will consist of 150+ students learning about race cars through software simulation and 1:10 scale model remote control electrical cars. Students will be administered a STEM curriculum that will be executed weekly during after school mentoring sessions and monthly for Manhood, Scholarship, Perseverance, Uplift (MSPU) Saturdays. GhostRider teams will use model (1:10 scale) radio-controlled cars to simulate professional motorsport teams and implement systems and mechanical engineer techniques.

Students will build team presentation charts that will consist of performance metrics, modeling design, and vehicle capabilities in accordance to their design. Teams will execute on a marketing plan that will include social media presence which will be graded by the panel of reviewers. Each Team will have a Team Lead that will execute on the business and finance plan that includes a defined budget per vehicle for replacement parts and marketing expenses. Teams will compete at the end of the school year in the FireTeam Tournament.



Omega U

“Reaffirming and strengthening America’s role as the world’s engine of scientific discovery and technological innovation is essential to meeting the challenges of this century. STEM Education is a national priority.”

~ President Barack Obama

December 1, 2018

Racing Around and Gettin It!



Bro. Jeff Allen, Vice Basileus of Pi Lambda Lambda and Omega U Director stand with brothers, mentors of PLL, and Omega U students for Project GhostRider at Potomac Middle School on Saturday, January 5th 2019.

Project GhostRider executed on another STEM Saturday at Potomac Middle School on January 5, 2019. Omega U students from 3rd grade to graduating seniors formed into their teams to go over techniques in racing, components of a car, and the science and math involved into racing a vehicle. Omega U Teams will compete at the end of the year with teams from Maryland, Washington D.C, and Virginia at the end of the school year.

Omega U

“Find your confidence, Lead with love.. And the rest will Follow.”

~ Vin Diesel

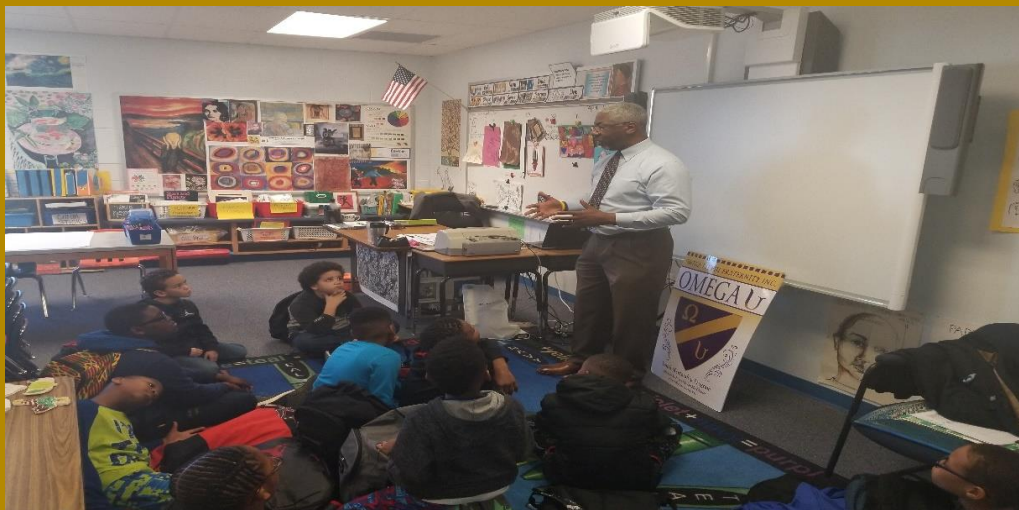
January 5, 2019



Ted Brown and Bro. Melvin Stallings talks to students of Omega U on components of racing, discipline of driving, and expectations when racing on January 5, 2019.



Dreamers And Doers



Omega U

“Surround yourself with the dreamers and the doers, the believers and thinkers, but most of all, surround yourself with those who see the greatness within you, even when you don’t see it yourself.”

~ Edmund Lee

March 5, 2018

Dumfries Elementary Omega U Co-Chair Director Bro. Al Woods of Pi Lambda Lambda of Omega Psi Phi Inc., mentors to the Omega U Students of Dumfries ES on March 5th, 2018.

Omega U welcomed its eighth Prince William County Campus school on February 27th, 2018 at Dumfries Elementary of Dumfries Virginia. Omega U will be serving the students and community of Dumfries ES by offering after school mentoring every 2nd and 4th Tuesday of every month. Omega U serves 120 PWC students and families in the greater PWC community by offering Pi Lambda Lambda youth academy program to 3rd grade students to graduating seniors.

Dumfries Elementary has existed since the beginning of the 19th Century, established in 1939. Dumfries ES has a rich and long history as its original building has been added onto over the years and the historic school can still be seen from Cameron Street as you approach the building.

The General Assembly established Dumfries as the first of seven townships in Prince William County. The town received its charter on May 11, 1749- making it the oldest continuously chartered town in Virginia. Dumfries was the second leading port in Colonial America receiving tobacco from the upland. It rivaled New York, Philadelphia and Boston and was a thriving port for more than 15 years.



Bro. Al Woods reads over the Cardinal Principles of Omega U with students of Dumfries ES on February 27th, 2018.



Brother Albert Woods stands with Na'im Spencer, Nehemiah Hill, Chase Burks (L-R) of Omega U for the Pi Lambda Lambda Annual Talent Hunt Competition February 11, 2018 at Colgan HS in Manassas Virginia



Bro. Al Woods have Omega U students stand from Dumfries ES and introduce themselves and talk about their week and topics that interest them at Dumfries ES for Omega U first after school session on February 27th, 2018

Setting Goals



Omega U Students from Dumfries Elementary of Prince William County participated in a community outreach session with Calvin Parson Jr. of The Washington Redskins Community and Charitable Organization on April 10, 2018.

Omega U

To reach your own goals and dreams, you must learn how to assist others in reaching theirs."

~ Joe Gibbs

April 10, 2018

Calvin Parson Jr, Manager of the Washington Redskins Community & Charitable Programs came and spoke to the students of Omega U at Dumfries Elementary in Prince William County on April 10, 2018. Omega U has over 125 students in the greater Prince William County community and provides mentoring to students from 3rd grade to graduating seniors in high school. Calvin is a graduate of James Madison University earning a Bachelor's of Science in Sport & Recreation Management.



Calvin Parson Jr. Community Outreach and Charitable Programs Manager interacts with the students of Dumfries ES read aloud their goals and future dreams on April 10, 2018.



Calvin Parson Jr. has students list out their top three profession they want to be and associated goals with achieving their career of choice on April 10, 2018.

Calvin engaged and interacted with students throughout his passionate oration to the elementary students on the importance of setting smart long term and short-term goals, living healthy by eating well and developing habits of daily exercise, and not being afraid to live outside your comfort zone to develop and grow in new areas of unfamiliarity.

The Washington Redskins Community and Charitable Program executes on the principles of "Team, Effort, Tradition" to deliver the mission through education, community outreach and health and wellness initiatives to elementary through high school-age students in the region by donating generously of their time, energy, and over \$16M in the past decade to the Metropolitan DC, Virginia, and Maryland communities.

Great Places



Omega U

"You're off to Great places!
Today is your day!
Your mountain
Is waiting, so...
Get on your way!"

~ Dr. Seuss

April 30, 2018

The Omega U Program of Brothers and Mentors stand with Students, Parents, and the Principal of Henderson Elementary of Montclair Virginia on April 29th, 2018. Students were presented with certificates of completion and certification of 10 community service hours for the scholastic year on April 29th, 2018.

Bro. Dr. Warren Simmons (PLL 15) spoke to students with motivational words of encouragement and his career profession as a Doctor in Pharmacy at Dumfries Elementary School. Dr. Simmons received his Doctor of Pharmacy from Hampton University. He currently serves as a Lieutenant in U.S Public Health Service Commissioned Corps working as a Regulatory Project Manager with the U.S. Food and Drug Administration. (Right/Bottom Left).

Bro. Jeffrey Allen presented Suzanne Bevans, Principal of Henderson Elementary, a souvenir Omega U Year Book and appreciation for her support of the Omega U Program and students of Henderson ES on April 30, 2018 (Bottom Right). Omega U students at Henderson completed 10 hours of community service and 35 hours for the Omega U Program for the scholastic year of 2017/2018. Bro. Allen oversees the Omega U program of 14 students at Henderson ES.



Thursday Night Football



Omega U Students were special guests of Freedom High School take on Colgan High School on a Thursday Night Football Game on November 1, 2018 at Freedom High in Woodbridge Virginia.

Omega U

You don't get character because your successful; you build character from the hardships you face. A goal without a plan is a wish. Whats Your Plan?

~Herm Edwards

November 1, 2018



Omega U students participated in a tailgate and game on Thursday night at Freedom High School in Woodbridge Virginia on November 2, 2018. Students fellowshiped with Brothers and Mentors of Pi Lambda Lambda while watching Freedom Eagles defeat the Colgan Sharks 55-7.



Prince William County Youth Summit



Omega U Students participated in 2018 Prince William County Youth Summit at Northern Virginia Community College on November 17th, 2018 in Woodbridge Virginia. Omega U participated in various workshops and technical STEM classes throughout the day. The Omega U Program represented at the PWC Youth Summit with guest poet Hasson Byrd and DJ CAM.



DJ CAM, Omega U, provided the DJing at the Youth Summit at NOVA in Woodbridge Virginia.

Omega U

"History has always been shaped by the power of the youth"

~ Daisaku Ikeda

November 17, 2018



Bro. Will Nelson provide his services on the grill for the 300 participants of the PWC Youth Summit on Nov 17, 2018 at NOVA.



Bro. Jeff Allen, Pi Lambda Lambda Vice Basileus (right), stands with Bro. Melvin Stallings at the PWC Youth Summit on November 17, 2018. Omega U currently executes on STEM simulations of motorsport racing.

The Omega U Program participated in the annual Prince William County Youth Summit hosted this year by Phi Beta Sigma at Northern Virginia Community College (NOVA) in Woodbridge Virginia on November 17, 2018.

The day consisted of powerful STEM demonstrations where students and parents were able to learn and participate in exciting activities and fun. The summit is hosted by the Divine 9 organizations and Masons annually. The summit is free to the public and specifically targeted to male and female youth in middle and high school. Parents, guardians, educators and community service partners as well participate in fun activities and interesting exhibits and workshops addressing issues important to youth such that includes STEM, Personal Finance, Health, Social Media, Social Justice, Effective Communication, and Life Skills.



Bro. Eddie Stephens, PLL Basileus, watches students on the video game design and display at the PWC Youth Summit on November 17, 2018.

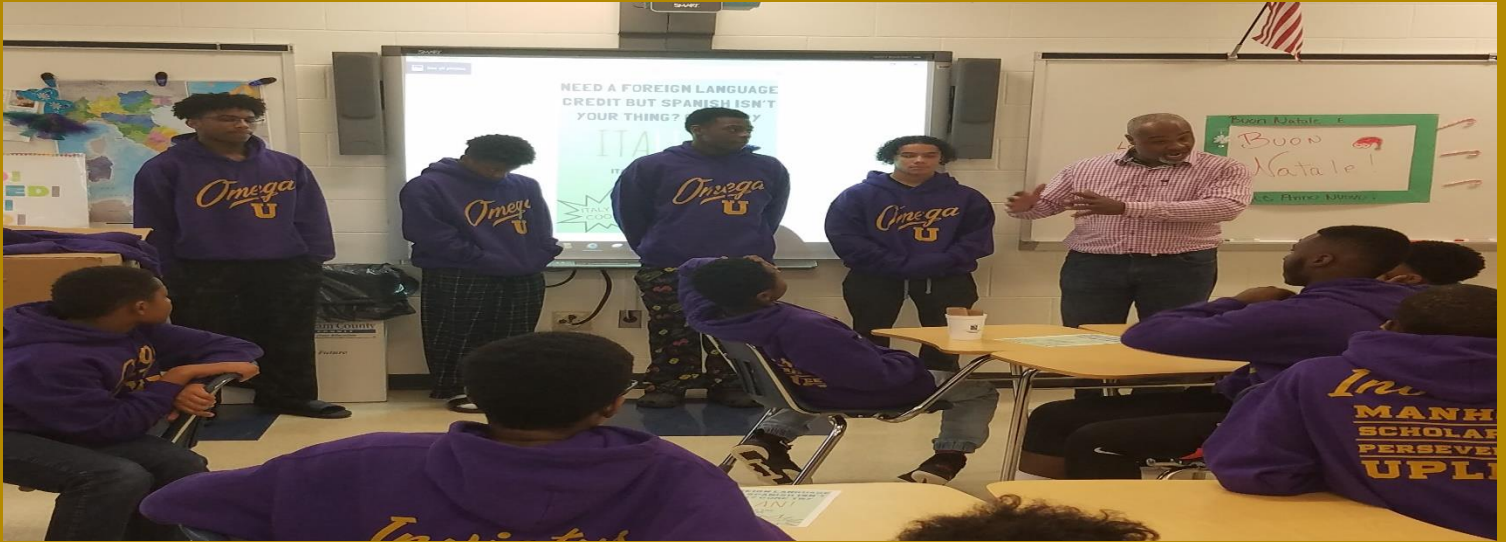
Bro. Eddie Stephens, PLL Basileus, watches students of Omega U on a video game demo participate and challenge one another at the PWC Youth Summit. Omega U is operated under the management of PLL and has over 150 students annually from 3rd grade to graduating seniors. Omega U gives students a strong network of resources with college educated males in various fields from medical, engineering, teaching, military, and entrepreneurialism.



Akiba Hasson Byrd Jr. delivers spoken words to the audience of the PWC Youth Summit at NOVA on November 17, 2018.

A. Hasson Byrd Jr. performed poetry and spoken word on behalf of Omega U at the PWC Youth Summit on November 17, 2018 at NOVA in Woodbridge Virginia. Hasson is a current junior at North Carolina A&T and is a published author. Hasson uses his gift of spoken word to inspire others and reach their best lives. His book titled "I Don't Write Happy Poems, Yet" was released in June of 2018. He provided inspirational words and while delivering his talent for students of PWPCS to see and be inspired. His author books deal with pressing topics for the younger generation on battling depression, insecurities, relationships, and finding inspirational purpose.

Mentoring Pearls of Wisdom



Bro. Wilton Anderson, Potomac Senior High social studies teacher and Omega U Director mentors and provides pearls of wisdom with Omega U high school students to the Omega U middle school students from Potomac Middle on December 20th, 2018 at Potomac Senior High School in Woodbridge Virginia.

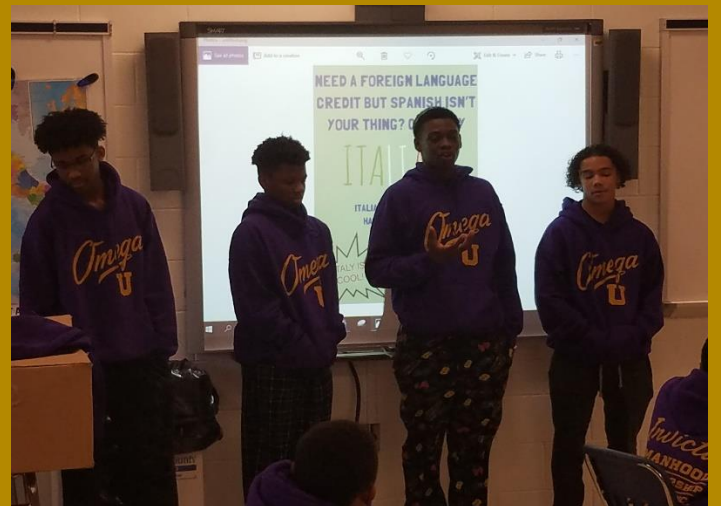
Potomac Middle Omega U students were guests of Potomac Senior High School on Monday, December 20th, 2018 at Potomac Senior High. Middle school students were able to gain a wealth of knowledge from PSHS faculty and from their Omega U high school brethren on several topics that included transitioning from middle to high school, freshman class scheduling and honor courses, extracurricular activities and programs, student discipline procedures, dress code, and what to do and what not to do in order to be successful in high school through college!

Omega U

"Earning happiness means doing good and working; We can start now. Start slowly changing the world."

~ Anne Frank

December 20, 2018



Ball Night



Omega U students and Brothers of Pi Lambda Lambda of Omega Psi Phi Inc., of Dumfries Virginia at the Potomac Senior High School in Woodbridge on January 25, 2019 for a night of mentoring and friendship.



Bro. Wilton Anderson, Omega U Director & PSHS Social Studies teacher sits with students of Omega U on January 25, 2019 at Potomac Senior High.

Omega U

“I get a thrill out of bringing a group together and helping them reach a place they didn't know they could go. I am a MENTOR, I'm excited to lead talented young guys”

~ Lebron James

January 25, 2019

The Omega U Program sponsored its 24th event of the 2018 – 2019 school year for National Mentoring Month by watching a high school basketball game in Woodbridge Virginia. Students from Omega U and mentors shared an evening watching the Potomac Senior High School (PSHS) panthers take on Forest Park at PSHS on January 25, 2019. National mentoring month is executed every January to promote youth mentoring in the United States.



Bro. Jeff Allen (Bottom Right), Vice Basileus & Omega Director of PLL and Bro. William Nelson (Bottom Left) sits with Omega U students at PSHS on January 25, 2019.

Fighting Trim



Bro. Vince Jones, Professional Certified Trainer and nutrition expert, delivered an informative discussion to Omega U students on February 2nd 2019 at Potomac Middle School on the importance of nutrition and daily physical exercise.



Omega U

“Pain will always be there. It is a gateway to becoming who you are destined to become. So, you can either complain about it. Tell everyone how hard it is. Or you can tell Pain to take a seat. Get comfortable. Real comfortable. We are going to be friends because I don't want to be ordinary and you're going to help me become who I am meant to be.”

~ CT Fletcher

February 2, 2019

Bro. Vince Jones of the Omega U Program executed a nutrition and physical education course on February 2, 2019 to Omega U students in Dumfries Virginia. Mr. Jones discussed complex carbohydrates, proteins, foods to limit, and the importance of consistency in diet and exercise as you grow older. Students participated in a 20-minute cross-fit style routine of running in place, pushups, squats, and mountain climbers.



Bro. Vince Jones leading cross-fit training for students on February 2nd 2019 at Potomac Middle School

VA State Capitol



The Omega U Program and students of Potomac Senior High School of Prince William County were introduced and recognized by the 52nd Delegate Bro. Dr. Luke E. Torian and members of the House on February 22, 2019 in Richmond Virginia.

The Omega U Program and students of Potomac Senior High visited the Virginia State Capitol on Friday February 22, 2019 to observe and learn about Virginia state politics. The Omega U Program received recognition from House floor with a brilliant introduction by Delegate Bro. Dr. Luke E. Torian. Students were escorted by brothers of Pi Lambda Lambda from Potomac Senior High to Richmond where participants were able to watch house delegates in sessions as well as tour the Virginia State Capitol.

Omega U

“I had always believed that this land might become a safe and agreeable asylum to the virtuous and persecuted part of mankind, to whatever nation they might belong”

~George Washington

February 22, 2019



Virginia State Capitol | February 22, 2019



Omega U Students received a tour of the Virginia State Capitol on February 22, 2019 in Richmond Virginia.

Omega U students were treated to meeting a living legend, Col. (ret) Porcher Taylor Jr. The Tuskegee Airmen were recognized on the floor of the Virginia House Delegates on February 22, 2019. The Tuskegee Airmen are lobbying delegates to introduce a state holiday in the state of Virginia to recognize the Tuskegee Airmen in the month of February.

Col. (ret) Porcher Taylor Jr. enlisted in the Tuskegee Institute Reserve Officer Training Corps in 1949. Taylor was deployed in the Pacific Theater of the Korean War where he served with the 82nd Airborne Division. In 1971, Taylor became the first African American promoted to full colonel at Fort Jackson, South Carolina. Taylor is one of few living Americans who served the United States in three major wars – World War II, Koran War and Vietnam War – in both the U.S. Navy and Army. He served in the Navy for three years and the Army for twenty-five years. In 1961, Taylor received his M.S. degree in counseling from Virginia State University (VSU), where he also served as president for student affairs and as director of counseling.



Col. (ret) Porcher Taylor Jr. and Omega U students at the Virginia State Capitol on February 22, 2019.



Bro. Aaron Works and Bro. Terry Collins with students of Omega U | Feb 2019



Brothers and Mentors of Pi Lambda Lambda with Omega U Students

Virginia Tech



Omega U

*I am the master of my fate,
I am the Captain of my
Soul.*

~ Williams Ernest Henley

April 14, 2018

Omega U students from Prince William County visited Virginia Tech for the 2nd time in the scholastic school year to attend Virginia Tech Center of Enhancement of Engineering Diversity event to promote Engineering and Virginia Tech offerings on April 14 2018.

Omega U attended the Virginia Tech annual CEED Event and Spring football game on April 14, 2018 in Blacksburg Virginia. Omega U Mentors Bro. Thaddeus Coleman and Bro. Dr. Simon X King, 50 mentees, and five parent chaperones boarded a school bus for a five-hour ride to partake in another Omega U educational road trip exposing elementary, middle, and high schoolers in early stages of their foundational academic careers to pre-college initiatives (PCI), career readiness, and Engineering and Science workshops.



Omega U students listen to directions and about attending the Engineering College of Virginia Tech from current VT Students as part of required volunteer and academic mentoring requirements for the VT College of Engineering and The National Society of Black Engineers.

Exploring the science and engineering offerings at Virginia Tech was the educational focus for the day. After receiving a warm reception upon their arrival to the Torgerson Hall computer science building, the next leg of the campus tour involved visiting Lee Hall, a co-educational dormitory for science and engineering. As a component of the Center for the Enhancement of Engineering and Diversity (CEED), Lee Hall offers additional academic support to promote the success of women and minorities. While visiting one of the work studios Omega U mentees observed students utilizing 3-dimensional printing technology and wood crafting.



Omega U Students stand in front of TORGERSEN Hall on the campus of Virginia Tech in Blacksburg Virginia on April 14, 2018.

The generosity of the Virginia Tech hosts continued with a hearty complimentary meal provided at the CEED-sponsored tailgate luncheon. The luncheon, led by CEED founder Dr. Beverly Watford and her colleague Dr. Kim Lester, included a presentation on the specifics of academic enrollment and the application process.



The Omega U day at Virginia Tech ended with the mentees being treated to ice cream and other sweet treats in the club-level viewing from the skybox VIP area at Lane Stadium where the Virginia Tech football team held its spring football scrimmage game in front hundreds of spectators. It soon came the time that Omega U had to depart Virginia Tech to return to Prince William County. When they left, the Omega U mentees took with them long-lasting and fond memories of their day at Virginia Tech University.

Omega U Summer Camp



Omega U

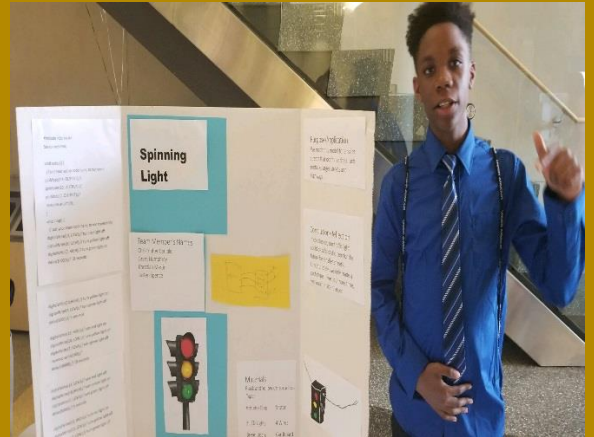
“Education is not the learning of facts, but the training of the mind to think”
!”

~ Einstein

July 15, 2018

Omega U Students spent one week at Virginia Tech Pre-College Initiative Program with other students from the Tidewater, Richmond, and Northern Virginia areas taking engineering classes and presenting projects to Virginia Tech Faculty, students, and parents on July 13th, 2018.

The George M. Hampton Foundation, SPARK of PWCPS, and Pi Lambda Lambda Chapter, Third District, Omega Psi Phi Fraternity, Inc., funded Omega U students to participate in Virginia Tech Pre College Initiative Program, Imagination, from July 8th thru July 14th on the campus of VT. Omega U students were able to build their scholarly network by interacting with students from the Tidewater, Richmond, and Northern Virginia area in taking engineering classes from 9 AM to 4PM for one week and showcasing their engineering project with oral presentations to VT Faculty, students, and parents. Omega U students lived on the campus of VT for one week and were able to experience college at a foundational and impressionable age of being away from home, walking to class with a schedule, and taking in recreational leisure in the evening while staying on copious campus of VT. The Omega U students were assigned to different teams where they actively participated in taking leadership roles in their groups and speaking to their engineering project at the “Showcase” where parents of the students were able to view in amazement the hard work, energy, and effort of the students.



Justen Spence, 7th Grader, giving an oral presentation of engineering project “Spinning Light.”



Cedric Yuille and Sir Tyriq Cousins stands with their teammates during their oral presentation for the “Showcase” on July 13th, 2018 on the campus of VT.



Sir Tyriq Cousins, 8th Grader, stands before talking about his project “Sparkling Spectacles.”



Chase Burks presenting his project "Airline Alcohol & Illegal Substance Sensor"

Chase Burks, 7th grader, stands by his intriguing engineering project titled "Airline Alcohol and Illegal Substance Sensor." The sensor was designed to detect alcohol and illegal substances in people's blood to alert authorities and federal regulators to ensure the safety of others at airports. The sensor was designed with the intention to use at airports but clearly has use and value in other federal buildings and enterprises.



Cedric Yuille, 7th Grade

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Franklin Sharp, 8th Grade

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Cedric Yuille and Justen Spence on the campus of VT

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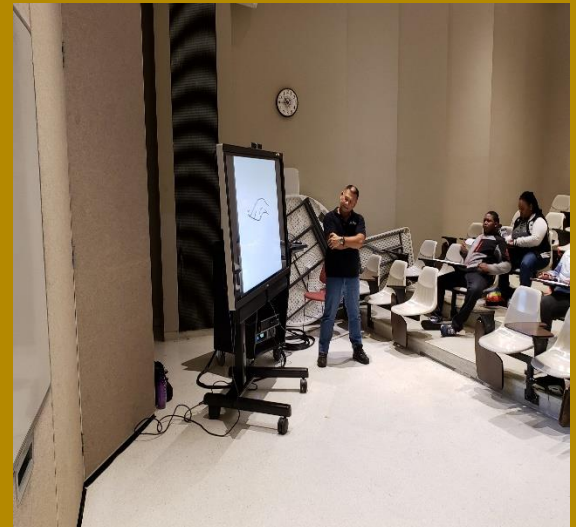
Virginia State University



Omega U partook in a hands-on art lab & lecture and course on finance and money at Virginia State University on October 13, 2018 with Professor Anh Do in Ettrick Virginia.

Professor Do gave 135 students a hands-on course and lab on drawing and personal finance at Virginia State University on October 13, 2018 in Ettrick Virginia. Professor Do demonstrated art techniques on spacing, proportion, and angles to students for interactive and engaging lectures. Students also received a lecture on personal finance and money after the art lab & course.

Virginia State University trip and lecture was the first field trip for Omega U for the 2018/2019 school year. Omega U has over 145 registered students from and around the Prince William County communities. Omega U partners with Prince William County Public Schools to enhance, enrich, expose, and educate young male students from 3rd grade to graduating seniors.

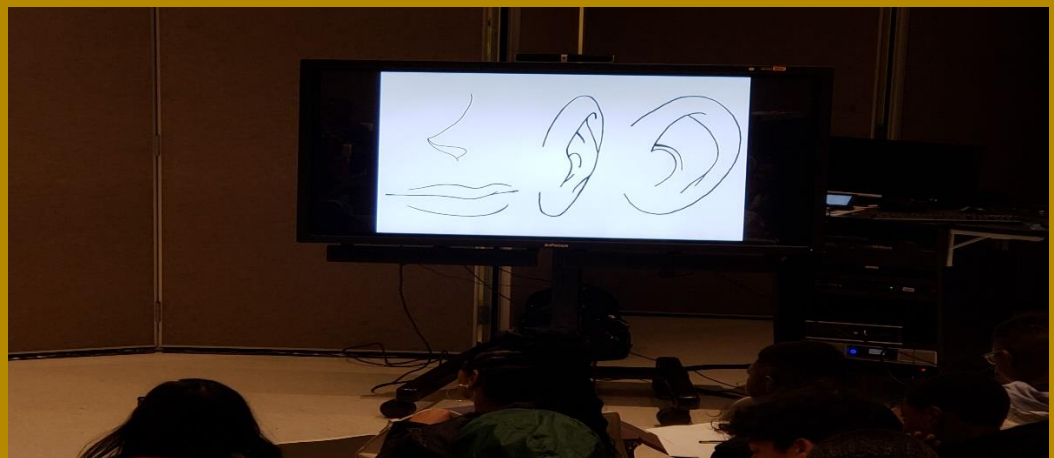


Omega U

*"Education is an ornament
in prosperity and refuge in
adversity."*

~Aristotle

October 13, 2018





Students learned about working hard and positive repetition for enhancement in knowledge and skill in the areas of art and education. Students were able to see examples of student's progression in the areas of art from past VSU students. Professor Do spoke to over 100 students on making positive decisions and explaining the difference between false achievement and deliberate accomplishments on October 13, 2018.



Students were able to eat fine cuisine from Jones Dining Hall and interact with each other and college students on October 13, 2018. Students enjoyed buffet style dining and tremendous culinary staff at VSU.



World Class



Omega U

"Vision without action is merely a dream. Action without vision just passes the time. Vision with action can change the world."

~ Joel A. Barker

April 18, 2018

Omega U students with the Future Kings Program from Prince William County addressed the Prince William County School Board members, Superintendent, and community on live broadcast television at the April 18th school board meeting at the Edward L. Kelly Leadership Center in Manassas Virginia.



Jamal and Jamel Carter (right), Seniors at Potomac Senior HS, addressed the PWC School Board on the Omega U and Pi Lambda Lambda offerings on April 18, 2018 at the Kelly Leadership Center in Prince William County.

The award-winning Pi Lambda Lambda Youth Academy Program spoke to the Prince William County Public School Board (PWCPS) and Superintendent on April 18, 2018 at the PWCPS School Board Meeting in the Edward L. Kelly Leadership Center of Manassas Virginia. Jamal and Jamel, seniors at PSHS, spoke on behalf of the 125-student organization based out of PWC. Students listened to inspiring words and support from Lillie Jessie, Kate Arnold, Diane Raulston, Justin Wilk, Loree Williams, and Gil Trenum.

Omega U, was established in 2009 and has grown to over 125 students in the past 2 years serving the greater Prince William County under the direction of Bro. Michael Frazier. Omega U offers after school mentoring/study halls session at Dumfries ES, Henderson ES, George M. Hampton Middle, and Potomac Middle, and Potomac HS in addition to Freedom HS and Colgan HS in PWC.



Kate Arnold, PWC Student Representative to the School Board, interviews Jamal and Jamel Carter from PSHS on April 18th, 2018 prior to the school board meeting.



**Back Row L-R; Eric Baker (11th PSHS), Bro. Jeffrey Allen (84 Rho Theta), Bro. Al Woods (05 PLL), Bro. Michael Frazier (02 PAA)
Front Row L-R; Bro. Willie Frazier (63 A), Papa Mintah-Adu (7th PTMS), Nehemiah Hill (5th Montclair ES), Chase Burke (6th PTMS)
Front Row L-R; Isaiah Cuttino (6th PTMS), Jamel Carter (12th PSHS), Jamal Carter (12th PSHS)**

In the past two years, the Omega U Program has executed over 100 Hrs of community service, 300 Hrs of weekend mentoring events, 280 Hrs of after school mentoring, and has provided a total value of \$150K to PWC schools since 2016 and more than \$500K since 2009. Prince William County School district is the 2nd largest school system in the state of Virginia, and the 4th largest in the Washington Metropolitan Area. Students of Omega U have executed on student led INOVA Blood Drives, Feeding the Homeless, Highway Cleanup, and annual support of National Public Lands Day at Leesylvania Park in Woodbridge Virginia. Omega U is open to all youth males from 3rd grade to graduating seniors and targets students' enrollment from low-income single parent families.

The Omega U Program mission is to serve, support, and partner with the Prince William County Public Schools by offering a "Word Class Education" with after school and weekend mentoring initiatives that includes STEM Labs and the Omega U Flight Drone Program, Pre-College Initiative (PCI), Career Readiness workshops, college field trips, and health and sport initiatives.

In 2018, Omega U became a National Society of Black Engineer Jr Chapter serving PWC with partnerships with Virginia State University, Virginia Tech University, Northern Virginia Community College, and George Mason University. In July 2018, Omega U student scholars from single-parent families will attend a one-week long Engineering Camp at Virginia Tech, College of Engineering. Students live on campus for one week while they attending engineering, physics, and science classes with hands-on labs to foster a better understanding and increased knowledge in the areas of science, technology, engineering, and math.

The Omega U Youth Academy Program continues to grow and foster a wonderful youth experience for students in PWC and the Northern Virginia and Metropolitan area, and is a leading youth academy program for Omega Psi Phi and PWC. Omega U partners with the Future Kings, Alpha Academy, Kappa League, Delta Academy, and local county and state entities such as ACTs and Department of Social Services (DSS) to serve, mentor, and bring awareness to social issues that affect our communities and society. To learn more about Omega U, please visit our website at <http://www.omegapwc.com>.



THE EDUCATION FOUNDATION
FOR PRINCE WILLIAM COUNTY

PUBLIC SCHOOLS
PO Box 389
MANASSAS, VA 20108
O 703.791.8001
F 703.782.1634

August 30, 2018

PRESIDENT
Dawn Davis
Apple Federal Credit Union

Omega U Program
Mr. Michael Frazier

VICE PRESIDENT
Zuzana Steen

Dear Mr. Frazier,

MICRON

Our auditors, Bennett, Atkinson & Associates, P.C. are conducting an audit of our financial statements for the year ended June 30, 2018. For the purpose of independent verification only, please confirm the following information relating to your in-kind contribution to Prince William County Schools Education Foundation, Inc.

TREASURER
Michael Pybus
BB&T

Date Made: various
Total Amount: \$121,710
Restriction on period or manner of use: mentor support

Secretary
Heather Steele
Compton & Duling, L.C.

Date Made: various
Amount: \$14,028.82
Restriction on period or manner of use: food, bus and equipment

BOARD OF DIRECTORS

Please indicate in the space below whether this information is in agreement with your records. If it is not, please furnish any information you have that will help our auditors reconcile the difference.

Radhika Bajaj
Bookworm Central
Raymel Menefee

After signing and dating your reply, please mail it directly to Bennett, Atkinson & Associates, P.C., 9300 West Courthouse Road #206, Manassas, VA 20110 or email it back to cb Boehme@bennettatkinson.com.

AlphaBest Education, Inc.
Steve Clark
Old Hickory Golf Club

Very truly yours,

Sharon Henry
Executive Director
Prince William County Schools Education Foundation, Inc.

Heidi Dykstra
Chick-fil-A
Michele Eckhardt

To: Bennett, Atkinson & Associates, P.C.

Sentara Northern Virginia
Medical Center
Kim Golanski

The above information regarding the contribution made to Prince William County Schools Education Foundation, Inc. agrees with my records with the following exceptions (if any):

Novant Health System
Molly Grove
George Mason University

Jeffrey Heffelman
Dominion Virginia Power
David Hish

Signature:
Date: 8/31/18
Title: OMEGA U CHAIRMAN,
P. Lombada Lombada
Omega Ps: Phi Znc

Joyce Koons Honda Buick GMC
Harry Horning, III
Horning Financial Services

Keith Imon
PWC Public Schools
Melissa Banks

SPARK is the operating name of the PWCS Education Foundation, a 501(c)(3) nonprofit charitable organization. Your contribution is tax-deductible to the full extent allowed by law. Please retain this letter with your year-end tax documents to substantiate your deduction. This receipt hereby certifies that no goods or services were provided by the donor in exchange for contributions.

Lockheed Martin
Debbie Jones
Prince William Chamber of
Commerce

Dalena Kanouse
Military Child Education Coalition
Dr. Molly Lynch

Dr. Chad Knights
Northern Virginia
Community College

Wayne Mallard
PWC Public Schools - CTE
Jim McCalla, AIA, REFP

Moseley Architects
Robert Melvin
National Society of Black Engineers

Babur Lateef
PWC School Board
Advanced Ophthalmology, Inc

Marie Schuler
Comcast
Lisa Hooker

NOVEC
Dr. Steven Walts
PWC Public Schools

OMEGA U

MENTORING PROGRAM YEARBOOK ACADEMIC YEAR 2018-2019



THIRD DISTRICT YOUTH ACADEMIC PROGRAM

Pi Lambda Lambda Chapter | Omega Psi Phi Fraternity, Inc.
In Partnership with Select Prince William County Schools

THIRD DISTRICT YOUTH ACADEMY CHAPTER OF THE YEAR Evaluation Criteria

Maximum Weight (5-25) X Multiplication Factor (MF) (0.1-1.0) =Nominee's Score

	Maximum Weight	X (MF)	Nominee's Score
1. Souvenir Program Book			
a) Cover <i>(Attractiveness, creativity, solid construction)</i>	5	(0.1-1.0)	_____
b) Table of Contents <i>(Sequence of the souvenir program)</i>	5	(0.1-1.0)	_____
c) Proper labeling <i>(Documentation: Captions on the photographs and proper labeling souvenir program sections)</i>	5	(0.1-1.0)	_____
Sub-total for Souvenir Program	15		_____
2. Programs			
a) Stop the Violence	15	(0.1-1.0)	_____
b) Social Action Programs (Participation)			
Assault on Literacy (5)	5	(0.1-1.0)	_____
Thanksgiving Food Baskets (5)	5	(0.1-1.0)	_____
Christmas Food Baskets (5)	5	(0.1-1.0)	_____
Salvation Army Kettle Fund Drive (5)	5	(0.1-1.0)	_____
Feeding the Homeless (5)	5	(0.1-1.0)	_____
c) Fatherhood Initiative (5)	5	(0.1-1.0)	_____
d) Awards Banquet	5	(0.1-1.0)	_____
e) Other Local Community Based Activities	25	(0.1-1.0)	_____
<i>(Documentation: S.T.E.M education/activities, mentoring Programs, adopt-a-highway, visiting Nursing homes, After school and youth athletic programs, etc.)</i>			
Sub-total for Fraternity Programs	75		_____
3. School Awards and Other Recognitions	10	(0.1-1.0)	_____
Total	100		_____

Special Notes:

- Ω The summary shall follow the outline above and each section should be arranged as follows:
1. Agenda, Program or Flyer that outlines or announces the event
 2. Photos (labeled to include description of the event and date) and news articles that support the activity
 3. Written report that documents the results of the activity

Ω Pictures and photographs in the summary should coincide with the dates of the period covered.

Must be submitted with each award

Note: The signatures of the Basileus and KRS are required below for all awards.

Submitted by: Michael Frazee [Signature] 2/25/19
(Name - legibly print or type) (Signature) Date

Chapter Basileus: Eddie Stephens Jr [Signature] 2/25/19
(Name - legibly print or type) (Signature) Date

Phone Number: 803 447 4733

Chapter KRS: Ahmad Andrews [Signature] Feb 25 19
(Name - legibly print or type) (Signature) Date

Phone Number: 210 386 4438